

# 4-H YOUTH DEVELOPMENT

Golden Plains Area Newsletter

## CALENDAR OF EVENTS

### SEPTEMBER/OCTOBER 2025

#### SEPTEMBER

- 1** Office Closed – Labor Day
- 4** State Fair Projects Available to Pick-up
- 6** CSU Ag Days – CSU Campus
- 13-14** State Western Heritage & Outdoor Skills Contest – Wray Gun Club
- 15** Fairboard Open Community Meeting – 7:00 p.m. Eckley

#### OCTOBER

- 5-11** National 4-H Week
- 13** Office Closed- Columbus Day
- 20** Fairboard Meeting – 6:00 p.m. Yuma
- 22** Shooting Sports Awards Potluck Dinner – 6:00 p.m. Yuma County Fairgrounds
- 26** Yuma County Council Meeting – 3:00 p.m.  
Achievement Program – 4:00 p.m. in Liberty

#### NOVEMBER

- 1** NWSS Market Entries Due
- 5** Head Leader Meeting – 6:30 p.m. Eckley Community Center
- 7-9** Colorado Leadership Conference (CLC)
- 11** Office Closed – Veterans Day
- 17** Fairboard Meeting – 6:00 p.m. Election Center
- 27-28** Office Closed – **Thanksgiving**

\*Due to the significant time and resources required to create and mail the newsletter — and the continued calls to our office for information provided in the newsletter — A copy of each newsletter will be **emailed** to all active members in 4-H online and will also be available **online** at <https://goldenplains.extension.colostate.edu/newsletters/>.



GOLDEN PLAINS AREA  
COLORADO STATE UNIVERSITY  
EXTENSION

Colorado State University, U.S. Department of Agriculture and Kit Carson, Phillips, Sedgwick, Washington, and Yuma Counties cooperating.

Extension programs are available to all without discrimination.



# 2024–2025 Yuma County 4-H Achievement Program



**Who:** All Yuma County 4-H Leaders, Members, & Families

**Where:** Liberty School District

**When:** Sunday, October 26, 2025

The Liberty Country Challengers 4-H Club will be hosting our annual Achievement Program in Idalia on Sunday, October 26, 2025. We will start with the Yuma County 4-H Council meeting at 3:00 p.m. and then follow with the achievement program at 4:00. We encourage you to join us for both events and celebrate the end of an unprecedented year and all the good that came out of it. We look forward to a great afternoon with fun and games and can't wait to see you!



## Yuma County 4-H Council

The responsibility that each local 4-H club has towards the Yuma County 4-H Council is one not to be taken lightly. When your club sends its representatives to the four council meetings, they can help make decisions regarding the policies of the council, decide how to spend the monies made at the Fair Food Booth, and be updated on all out of county opportunities that are available. Attendance at these meetings has been low and I would like to see all clubs make it a priority to elect representatives to regularly attend these business meetings and become involved in the future of the Yuma County 4-H Council.

### **How many representatives can my club send?**

Each club shall elect one representative for up to six club members, and one for every ten members thereafter, to serve as voting council members. These members get to vote in the discussion of the meeting. The council meetings are open to any 4-H club member or leader in Yuma County; however, only the representative member(s) may have the voting power of the club.

### **When and where are the meetings?**

We will try to move the location of these meetings around the county to accommodate all the members and will rotate between Eckley, Yuma, Liberty, Idalia, Vernon and Wray. The meetings of the Yuma County 4-H Council are tentatively scheduled to be the 1<sup>st</sup> Wednesday of February, April, June, and a Sunday in October that combines both the October business meeting and the Annual Achievement Night.



**On September 15 at 6:00 p.m. in Eckley, the Yuma County Fairboard will be hosting a public comments fairboard meeting. Please feel free to come to this meeting to tell them what was amazing about the 2025 Fair or anything that could make the 2026 County Fair better. If you are unable to attend this meeting, but have comments, please call or email those to JoLynn.**

## LIVESTOCK

**NATIONAL WESTERN**  
**CATCH-A-CALF**  
**PRACTICAL BEEF MANAGEMENT PROGRAM**

40 PARTICIPANTS • 55-SUPPORTING SPONSORS • MORE THAN 3,000 STEERS AWARDED OVER 80 YEARS

**NATIONALWESTERN.COM/CATCH-A-CALF-PROGRAM**  
**APPLICATIONS CLOSE DECEMBER 1**

### National Western Stock Show Catch-A-Calf

The National Western Stock Show Catch-A-Calf Program is a great program designed to promote youth development and understanding of the cattle industry. This program can provide youth with an opportunity to be part of one of the best programs at the National Western Stock Show. Youth who choose to participate in this contest may have range of experiences such as raising, feeding, and showing beef cattle. Applicants must be between the ages of 12 and 18 as of December 31, 2025, to apply and they must also be enrolled in 4-H at the time of application. Successful catchers must have adequate facilities available to house their steer as they are responsible for the care, feeding, and handling of their animal. The applications to participate in this year's Catch-A-Calf program at NWSS are now available online at: <http://www.nationalwestern.com/catch-a-calf/>.



### THE MEAT AND GREET

Application deadline--October 1, 2025 at 11:59 p.m.

#### THE MEAT AND GREET, NOVEMBER 19, 2025

##### WHO IS ELIGIBLE TO APPLY?

Any 4-H or FFA member in good standing who resides in Colorado and has plans to show a **market** (beef, lamb, pork, or goat) animal at the 2026 National Western Stock Show.

##### WHAT IS IT?



FEATURING LOCALLY SOURCED CUISINE. KIDS & CRITTERS

Any 4-H or FFA member in good standing who resides in Colorado and has plans to show a **market** (beef, lamb, pork, or goat) animal at the 2026 National Western Stock Show.

If the participant fulfills all their responsibilities the exhibitor will be given a \$1000 grant. All proceeds from the auction are used to support the Meat and Greet event, the Growing Minds Stock Show Buyers group and the general mission of the Colorado FFA Foundation.

For more information, please go to <https://fs17.formsite.com/coffafdn/v9tzbwlsu3/index>

## Round Robin Winners

Congratulations to the winners in the 2024 Yuma County Fair Round Robin!

**Junior** - \$250.00 scholarship and trophy – Emrrie Chamberlain

**Senior** - \$500.00 scholarship and trophy – Jaelynn Miner

Sponsors of these awards are Foltmer Drug of Wray, Rick Beauprez Memorial, Wagon Wheel Ranch of Yuma, Megan & Dayton Drullinger and Lori & Greg Leonhardt.



## Sponsor Thank You's

If you sold your 4-H market animal at the Jr. Livestock Sale, you had the privilege of receiving a great premium not only for your animal but for the time you had invested in that animal. It is now time, if you have not yet done so, to PERSONALLY thank your buyer. You should have a picture from your leader/advisor that you need to PERSONALLY deliver with a thank you note that shows your appreciation to your buyer. This kind gesture will encourage them to come back and purchase an animal next year and is a small act in building a positive relationship between 4-H and our community. When you deliver this picture, please have the buyer sign the green card and return it to the Extension Office. Your name will be put on a list so you will receive your check as soon as they become available. If you need to mail this picture to your buyer, please bring the picture, green card, and thank you with postage to the Extension Office and we will mail it for you and put your name on the list to receive your sale check. Sale checks will be held until this card has been received in the Extension Office. If you have any questions, please call the Extension Office. We appreciate those that have already turned your cards in and thanks for helping make the 2024 Yuma County Fair a success.



# Congratulations to Our State Fair Winners



Almost one hundred and fifty Yuma County General 4-H and Home Ec projects were entered into the 2025 Colorado State Fair. Several of the projects returned home with Grand Champion or Reserve Grand Champion Awards. They include:

Hierarchy Path		Name	Ribbon	Placing	Awards
Letsamayrin	Arteaga	Foods and Nutrition / 1520: Shortened Cakes Int	Yellow	5	
Letsamayrin	Arteaga	Metalworking / 2105: Metal Fabrication Unit 2 Int	Pink	4	
Alex	Bailey	Outdoor Adventures / 2906: Camping Adventures Unit 2 Sr	Multi-Color		Qualifier
Harper	Barry	Visual Arts / 1108: Drawing Int	Pink	4	
Haven	Barry	Visual Arts / 1101: Painting and Printing Jr	Pink	4	
Adley	Blach	Heritage Arts / 1731: Quilting Unit 3 Jr	Purple	1	Class Champion
Adley	Blach	Cake Decorating / 1310: Character Cakes Unit 4 Jr	Purple	1	Class Champion
William	Blecha	Sportfishing / 3102: Take the Bait Display Board Unit 1 Int	Pink	4	
E'lyza	Boone	Clothing Construction / 1420: STEAM Clothing 2 Bottom Int	Lavender	2	Class Reserve Champion
E'lyza	Boone	Clothing Construction / 1417: STEAM Clothing 2 Top Int	Lavender	2	Class Reserve Champion
Rayland	Buckley	Woodworking / 2512: Finishing Up Unit 4 Sr	Light Green	7	
Emrrie	Chamberlain	Leathercraft / 808: Intermediate Leather Carving Int	Yellow	5	
Bentlee	Cowan	Shooting Sports / 3029: Archery Stand-Alone Int	Multi-Color		
Ryder	Croissant	Woodworking / 2508: Nailing It Together Unit 3 Int	Purple	1	Class Champion
Alden	Deering	Shooting Sports / 3010: .22 Rifle Display Board Jr	White	3	
Grace	Deering	Veterinary Science / 301: From Airedales to Zebras Unit 1 Jr	Light Green	7	
Hannah	Deering	Cake Decorating / 1302: Edible Cake Decorating Unit 1 Int	White	3	
Jensen	DePue	Woodworking / 2504: Making the Cut Unit 2 Jr	White	3	
Danika	Dischner	Dog Showmanship / 506: Senior Open Showmanship	Gray	9	
Austin	Dodsworth	Woodworking / 2501: Measuring Up Unit 1 Jr	Light Blue	10	
Austin	Dodsworth	Leathercraft / 801: Intro to Leathercraft and Creative Stamping Jr	Yellow	5	
Ian	Doyle	Gardening / 2801: See Them Sprout Unit 1 Jr	White	3	
Anthony	Emery	Woodworking / 2506: Making the Cut Unit 2 Sr	Purple	1	Class Champion
Keenan	Erker	Shooting Sports / 3030: Archery Stand-Alone Sr	White	3	
Keenan	Erker	Leathercraft / 818: Sewing Leather Sr	Pink	4	
Loreimy	Favela	Scrapbooking / 1008: Album Int	Purple	1	Class Champion
Miguel	Favela IV	Metalworking / 2104: Metal Fabrication Unit 2 Jr	Purple	1	Class Champion
Layne	Fonte	Leathercraft / 811: Advanced Leather Carving Int	Light Green	7	
Pyper	Fonte	Clothing Construction / 1419: STEAM Clothing 2 Bottom Jr	Lavender	2	Class Reserve Champion
Pyper	Fonte	Leathercraft / 804: Beginning Leather Carving Jr	Green	6	

Sawyer	Fonte	Artistic Clothing / 1220: Buymanship Sr	Green	6	
Tori	Fonte	Clothing Construction / 1422: STEAM Clothing 2 Dress Jr	Lavender	2	Class Reserve Champion
Wyatt	Fonte	Leathercraft / 824: Master Leathercraft Sr	Brown	8	
Andree	Fuentes	Foods and Nutrition / 1517: Muffins Int	Multi-Color		Qualifier
Emmersyn	Galles	Foods and Nutrition / 1501: No Bake Cookies Jr	Multi-Color		Qualifier
Haydin	Galles	Home Design and Décor / 1802: Home Design and Décor Unit 1 Int	Green	6	
Haydin	Galles	Cake Decorating / 1308: Two Layered Cake Unit 3 Int	Brown	8	
Teagan	Galles	Cake Decorating / 1333: Cut-Up Cakes Unit 6 Sr	Purple	1	Class Champion
Teagan	Galles	Foods and Nutrition / 1527: Creative Yeast Bread Sr	Green	6	
Kevin	Glenn	Sportfishing / 3108: Cast into the Future Display Board Unit 3 Int	Pink	4	
Fernando	Gonzalez Garcia	Horseless Horse / 204: Hooves, Health and Horsemanship Unit 2 Jr	Lavender	2	Class Reserve Champion
Ana	Granados	Leadership / 707: Community Service Project Sr	Yellow	5	
Ana	Granados	Shooting Sports / 3003: Archery Display Board Sr	Multi-Color		
Marcos	Granados	Woodworking / 2511: Finishing Up Unit 4 Int	Gray	9	
Marcos	Granados	Shooting Sports / 3011: .22 Rifle Display Board Int	Lavender	2	
Ximena	Granados	Gardening / 2810: Growing Profits Unit 4 Sr	White	3	
Kitsyn	Hasenauer	Scrapbooking / 1011: Card Making Int	Lavender	2	Class Reserve Champion
Kitsyn	Hasenauer	Cake Decorating / 1305: Single Layered Cake Unit 2 Int	Pink	4	
Kitsyn	Hasenauer	Scrapbooking / 1002: One Page Layout Int	Light Green	7	
Kitsyn	Hasenauer	Artistic Clothing / 1208: Combination Int	Purple	1	Class Champion
Jacob	Heier	Model Rocketry / 2201: Intro to Rocketry Unit 1 Jr	Light Blue	10	
Jacob	Heier	Foods and Nutrition / 1507: Cookies Jr	Light Green	7	
Kate	Hendrix	Foods and Nutrition / 1511: Quick Breads Int	Purple	1	Class Champion
Kate	Hendrix	Clothing Construction / 1414: STEAM Clothing 1 Simple Dress Int	Pink	4	
Ted	Hendrix	Shooting Sports / 3001: Archery Display Board Jr	Multi-Color		
Maya	Holtorf	Photography / 904: Photography Basics Unit 2 Jr	Multi-Color		Qualifier
Addison	Jones	Photography / 909: Next Level Photography Unit 3 Sr	Pink	4	
Grace	Jones	Heritage Arts / 1709: Crochet Unit 3 Sr	Green	6	
Albert	Keller	Shooting Sports / 3042: .22 Rifle Stand-Alone Sr	Multi-Color		
Edward	Keller	Shooting Sports / 3024: Western Heritage Display Board Sr	Lavender	2	
Ryker	Kerst Josh	Shooting Sports / 3050: Outdoor Skills Stand-Alone Int	Purple	1	
Vivienne	Kettelson	Cake Decorating / 1301: Edible Cake Decorating Unit 1 Jr	Multi-Color		Qualifier
Vivienne	Kettelson	Horseless Horse / 201: Making Horse Sense Unit 1 Jr	Brown	8	
Railynn	Kiser	Cats Display Board / 104: Climbing Up Unit 2 Jr	Yellow	5	
Maddysen	Lapp	Artistic Clothing / 1218: Creative All Other Exhibits Sr	Purple	1	Class Champion
Maddysen	Lapp	Clothing Construction / 1440: Sewing for Others Sr	Lavender	2	Class Reserve Champion
Maddysen	Lapp	Artistic Clothing / 1206: Stitched Sr	Purple	1	Class Champion
Maddysen	Lapp	Clothing Construction / 1429: STEAM Clothing 3 Cotton or Cotton Blend Purple Sr		1	Class Champion

Maddysen	Lapp	Clothing Construction / 1431: STEAM Clothing 3 Synthetics and Rayon Sr	Pink	4	
Maddysen	Lapp	Clothing Construction / 1433: STEAM Clothing 3 Wool and Wool Blend Sr	Purple	1	Class Champion
Emelyn	Lengel	Heritage Arts / 1702: Crochet Unit 1 Int	Brown	8	
Teegan	Lengel	Scrapbooking / 1010: Tag Making Jr	White	3	
Teegan	Lengel	Foods and Nutrition / 1504: Baked Bar Cookies Jr	White	3	
Dellia	Lenz	Heritage Arts / 1727: Quilting Unit 1 Sr	Lavender	2	Class Reserve Champion
Elliot	Louthan	Leathercraft / 823: Master Leathercraft Int	Lavender	2	Class Reserve Champion
Autumn	Lungwitz	Scrapbooking / 1005: Two Page Layout Int	Light Blue	10	
Brylee	Meisner	Home Design and Décor / 1809: Home Design and Décor Unit 3 Sr	Purple	1	Class Champion
Quinn	Mekelburg	Foods and Nutrition / 1509: Cookies Sr	Yellow	5	
Jayda	Mekelburg-Trejo	Artistic Clothing / 1201: Applied Jr	Multi-Color		Qualifier
Jayda	Mekelburg-Trejo	Animals/Insects / 403: Animals/Insects Jr	Lavender	2	
Jema	Mekelburg-Trejo	Foods and Nutrition / 1543: Cultural and Ethnic Foods Int	White	3	
Ava	Moellenberg	Dog Rally / 535: Rally Intermediate B	Brown	8	
Ava	Moellenberg	Dog Showmanship / 504: Intermediate Advanced Showmanship	Light Green	7	
Adeline	Noble	Dog Rally / 533: Rally Novice B	Multi-Color		Qualifier
Adeline	Noble	Dog Showmanship / 508: Master Showman	Yellow	5	
Adeline	Noble	Dog Rally / 536: Rally Advanced A	Yellow	5	
Adeline	Noble	Dog Obedience / 518: Graduate Novice A	Pink	4	
Sophia	Pagel	Cake Decorating / 1312: Character Cakes Unit 4 Sr	Lavender	2	Class Reserve Champion
Madilyn	Rahm	Cake Decorating / 1337: Fondant Unit 8 Sr	Lavender	2	Class Reserve Champion
Flint	Rains	Leathercraft / 807: Intermediate Leather Carving Jr	Light Green	7	
Kevin	Reynoso Morales	Foods and Nutrition / 1506: Baked Bar Cookies Sr	Yellow	5	
Jillian	Ridnour	Foods and Nutrition / 1512: Quick Breads Sr	Pink	4	
Dawnelle	Riley	Clothing Construction / 1410: STEAM Clothing 1 Simple Bottom Jr	Multi-Color		Qualifier
Dawnelle	Riley	Clothing Construction / 1407: STEAM Clothing 1 Simple Top Jr	Purple	1	Class Champion
Mesa	Roundtree	Foods and Nutrition / 1502: No Bake Cookies Int	White	3	
Elijah	Saffer	Woodworking / 2502: Measuring Up Unit 1 Int	White	3	
Elijah	Saffer	Photography / 902: Photography Basics Unit 1 Int	Multi-Color		Qualifier
James	Saffer	Outdoor Adventures / 2901: Hiking Trails Unit 1 Jr	Light Blue	10	
Gabriel	Sampson	Shooting Sports / 3035: Shotgun Stand-Alone Int	White	3	
Tinsley	Schwartz	Clothing Construction / 1404: STEAM Clothing 1 Pillow Jr	Purple	1	Class Champion
Sullivan	Sears	Shooting Sports / 3044: .22 Pistol Stand-Alone Int	Purple	1	
Karsyn	Sharp	Clothing Construction / 1423: STEAM Clothing 2 Dress Int	Purple	1	Class Champion
Karsyn	Sharp	Clothing Construction / 1426: STEAM Clothing 2 Two-Piece Outfit Int	White	3	
Skyla	Simmons	Cake Decorating / 1314: Themed Cupcakes Unit 5 Int	Multi-Color		Qualifier
Taya	Simmons	Foods and Nutrition / 1518: Muffins Sr	Lavender	2	Class Reserve Champion
Addison	Smith	Foods and Nutrition / 1544: Cultural and Ethnic Foods Sr	Pink	4	

Andrew	Smith	Shooting Sports / 3028: Archery Stand-Alone Jr	Multi-Color		
Andrew	Smith	Robotics and Engineering / 2316: Mechatronics Stand Alone Unit 3 Jr	Pink	4	
Bosslee	Soehner	Shooting Sports / 3040: .22 Rifle Stand-Alone Jr	White	3	
Timothy	Steinbeck	Metalworking / 2111: Large Exhibit Fabrication Unit 4 Int	Lavender	2	Class Reserve Champion
Timothy	Steinbeck	Model Rocketry / 2205: Basic Model Rocketry Unit 2 Int	Gray	9	
Triston	Steinbeck	Metalworking / 2108: Advanced Metal Fabrication Unit 3 Int	Brown	8	
Hannah	Stults	Clothing Construction / 1428: STEAM Clothing 3 Cotton or Cotton Blend Purple Int	1		Class Champion
Hannah	Stults	Clothing Construction / 1432: STEAM Clothing 3 Wool and Wood Blend Int	Lavender	2	Class Reserve Champion
Hannah	Stults	Artistic Clothing / 1205: Stitched Int	Purple	1	Class Champion
Molly	Stults	Fashion Revue / 600: Fashion Revue	Multi-Color		Top Ten
Morgan	Stults	Clothing Construction / 1435: STEAM Clothing 3 Silk and Silk-Like Sr	Purple	1	Class Champion
Wyatt	Tracy	Wildlife / 3205: Living Wild in an Ecosystem Unit 2 Int	Purple	1	Class Champion
Paulo	Trujillo	Robotics and Engineering / 2324: Platforms-Intermediate Display Board Unit 5 Sr	Purple	1	Class Champion
Paulo	Trujillo	Model Rocketry / 2212: Advanced Model Rocketry Unit 4 Sr	White	3	
Taryn	Tucker	Scrapbooking / 1006: Two Page Layout Sr	Yellow	5	
Taryn	Tucker	Scrapbooking / 1012: Card Making Sr	White	3	
Taryn	Tucker	Scrapbooking / 1003: One Page Layout Sr	White	3	
Laurynn	Vetter	Cake Decorating / 1311: Character Cakes Unit Int	Purple	1	Class Champion
Taggart	Walker	Leathercraft / 805: Beginning Leather Carving Int	Gray	9	
Tehren	Walker	Heritage Arts / 1710: Fiber Arts Jr	Lavender	2	Class Reserve Champion
Tressa	Walker	Heritage Arts / 1704: Crochet Unit 2 Jr	Pink	4	
Trinity	Walker	Leathercraft / 802: Intro to Leathercraft and Creative Stamping Int	Light Green	7	
Trinity	Walker	Heritage Arts / 1711: Fiber Arts Int	White	3	
Rebecca	Whomble	Leathercraft / 812: Advanced Leather Carving Sr	Lavender	2	Class Reserve Champion
Aryanna	Wilson	Clothing Construction / 1439: Sewing for Others Int	Lavender	2	Class Reserve Champion
Aryanna	Wilson	Cake Decorating / 1332: Cut-Up Cakes Unit 6 Int	Purple	1	Class Champion
Aryanna	Wilson	Woodworking / 2505: Making the Cut Unit 2 Int	Yellow	5	
Aryanna	Wilson	Clothing Construction / 1430: STEAM Clothing 3 Synthetics and Rayon Int	Purple	1	Class Champion
Caleb	Wilson	Shooting Sports / 3014: .22 Pistol Display Board Int		6	
Bailey	Wudtke	Shooting Sports / 3047: Western Heritage Stand-Alone Int	Purple	1	
Dorothy	Zentz	Clothing Construction / 1427: STEAM Clothing 2 Two-Piece Outfit Sr	Purple	1	Class Champion
Dorothy	Zentz	Clothing Construction / 1424: STEAM Clothing 2 Dress Sr	Lavender	2	Class Reserve Champion

**We want to extend a huge congratulations to all Yuma County 4-H'ers for another successful year!**

**We are looking forward to what the new 4-H year will bring.**

If you have any questions or have someone you want to introduce to 4-H, please contact us at (970) 332-4151 for more information to help you get started.



# LET YOUR TALENTS BLOOM WITH YUMA COUNTY 4-H COLORING PAGE





# Calming Glitter Jars

## Description

These easy to make calming jars are a great way to introduce social and emotional health to kids. This activity helps give kids a tool to reduce stress and anxiety, while empowering them to improve their own mental health.



## Supplies

- 1 small jam jar
- Warm water
- 1 tablespoon glitter
- School glue (the more glue, the slower the glitter falls; less glue, the glitter will settle faster)
- Super glue (adults only!)
- Food coloring (optional)



## Activity Steps

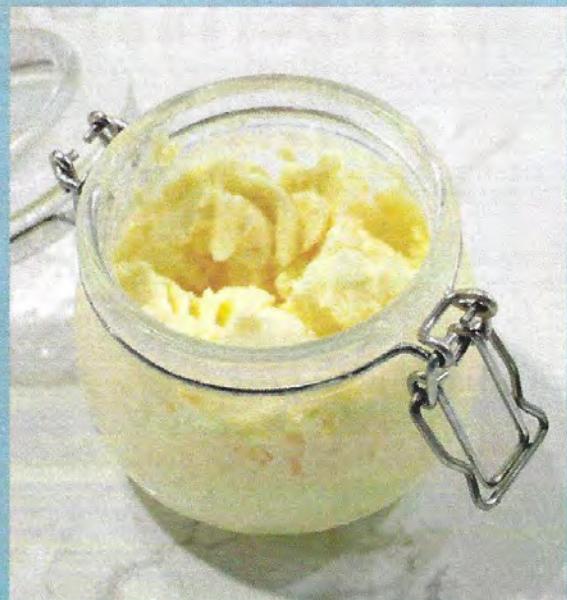
1. Fill the jar 3/4 full of warm water.
2. Slowly stir in the desired amount of school glue and food coloring.
3. Add 1 tablespoon glitter.
4. Super glue the lid in place to prevent leaks.
5. Shake and enjoy!

► [Learn more at 4-H.org/Jar](http://Learn more at 4-H.org/Jar)

# Sweet, Savory and Tennessee

## Description

This activity developed by Tennessee 4-H'er Justin, will enable youth to make sweet and savory snacks from dairy products, while learning more about agriculture and healthy living. You will learn to make your own homemade butter and whipped cream.

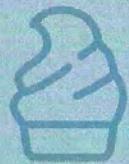


### Supplies (Butter)

2 oz. Plastic Cups with Lids



Heavy Whipping Cream



Salt  
(if desired)



+

+

### Supplies (Whipped Cream)

Measuring Cup



Vanilla Extract



+

  
Sugar

Whisk and  
Mixing  
Bowl



Your Choice of  
Fruit (strawberries  
and blueberries are  
recommended)



### For making butter:

1. Fill the 2 oz. plastic cup about 2/3 full of heavy whipping cream.
2. Seal the cup and shake the heavy whipping cream for 5-10 minutes, until solid butter is formed.
3. Drain the remaining liquid (buttermilk) and add salt (if desired).
4. Spread the butter on crackers and eat.

### For making whipped cream:

1. Add 2 cups of whipping cream, 1 tsp. vanilla extract, and 1-2 tbsp. of sugar into a metal mixing bowl.
2. Whip the mixture in the mixing bowl until it becomes thick.
3. Once it has reached your desired texture, add to fruit and enjoy!