

4-H Youth Development

Golden Plains Area Newsletter

JANUARY/FEBRUARY 2020

CALENDAR OF EVENTS

Kit Carson County

817 15th Street
Burlington, CO 80807
(719) 346-5571
coopext_kit_carson@mail.colostate.edu

Phillips County

22505 Hwy 385
Holyoke, CO 80734
(970) 854-3616
coopext_phillips@mail.colostate.edu

Sedgwick County

315 Cedar
Julesburg, CO 80737
(970) 474-3479
coopext_sedgwick@mail.colostate.edu

Washington County

181 Birch Avenue
Akron, CO 80720
(970) 345-2287
coopext_washington@mail.colostate.edu

Yuma County

310 Ash, Suite B
Wray, CO 80758
(970) 332-4151
coopext_yuma@mail.colostate.edu

JANUARY

- 11-26** National Western Stock Show – Denver. For the complete schedule, go to www.nationalwestern.com. Group ticket info will be in the office shortly.
- 17** 4-H Day at National Western Stock Show
- 25-27** Leadership Development Conference (LDC). More info in this Newsletter.
- 27** 4-H Day at the State Capitol

FEBRUARY

- 7-9** YouthFest – Ponderosa Retreat Center in Larkspur, CO. More info in this newsletter.
- 22-23** Hunter Safety Class – Yuma



4-H Scholarships

Attention graduating seniors! You may be interested in applying for state 4-H scholarships. It's simple to apply for them as they all have the same application. Fill it out once and you have applied for all scholarships. The application is available from January 2 to April 1, 2020.

For more information on state scholarships, go to <http://co4hfoundation.extension.colostate.edu/benefits/Colorado-4-h-foundation-scholarships/>.



Golden Plains Area Web Site

<http://goldenplains.extension.colostate.edu>

CSU Extension 4-H Web Site

<http://www.colorado4h.org>



GOLDEN PLAINS AREA
COLORADO STATE UNIVERSITY
EXTENSION

Colorado State University, U.S. Department of Agriculture and Kit Carson, Phillips, Sedgwick, Washington, and Yuma Counties cooperating.

Extension programs are available to all without discrimination.

OPPORTUNITIES AND ACTIVITIES

Leadership Development Conference

The annual Leadership Development Conference (LDC) will be held January 25-27, 2020 in Denver. Interested youth can contact your local office to pre-register by January 7th. LDC is a fun, educational weekend promoting leadership development and community service. The event is open to youth 14 and over and registration is typically around \$170.00 (plus



lodging). This conference is in conjunction with the annual 4-H Day at the Capitol where members can be present during the Proclamation for Colorado 4-H Day. Tours of the state capitol will be available. Details are available at your local County Extension Office or at www.colorado4h.org.

Citizenship Washington Focus June 27 to July 5, 2020

What does it mean to be a good citizen? Are you being a strong civic leader for your community, country and world? Citizenship Washington Focus (CWF) is a week-long 4-H citizenship program for youth ages 15-19 that takes place at the National 4-H Youth Conference Center, just 1 mile from the Washington, DC border.

Every summer, thousands of young people participate in the program, which provides opportunities for them to:

- strengthen their communication, leadership, and citizenship skills on a national level
- understand the importance of civic and social responsibilities as they relate to the development of better citizens and leaders.
- exchange ideas, practice respect, and for friendships with other youth from diverse backgrounds.
- experience hands-on learning using the historical backdrop of Washington, DC.

CWF participants enjoy:

- a behind-the-scenes look at our nation's capital and the chance to meet Member of Congress
- motivational speakers, educational workshops, and assemblies that increase individual commitment to citizen involvement and build life time skills for success.
- activities that encourage new and lasting friendships
- an enthusiastic staff of young adults that work directly with them

Participants are immersed in the culture and history of Washington through onsite workshops at its most spectacular sights. The week's signature event called "Nightview" is a spectacular evening tour of our nation's most historic sites.



Destinations include, but are not limited to:

- The Capitol
- Mount Vernon
- Arlington National Cemetery
- Presidential and war monuments and memorials
- Smithsonian museums

In between tours, youth can relax at the National 4-H Youth Conference Center, the premier meeting and conference center in the Washington, DC area especially for young people. It offers a 12-acre campus with 24-hour uniformed security, fitness center, and full-court basketball. Recreation room with cyber café, all-you-can eat buffet in the Clover Café, free parking and more.

Eligibility: Participants must be 15-19 years of age by December 31 of the enrollment. Colorado 4-H membership and leadership, based on application and 1-3 page resume. Seventy 4-H members are selected. Counties are asked to interview and select prior to submission. Contact your local county Extension Office for more information

How Meat Judging Shaped My Life

By: Mallory Sikes

We all undoubtedly have examples of different events, people, and places that have helped shape our lives, some big, some small, some life changing. My name is Mallory Sikes. I am a wife, a mom, an Extension Agent, a coach, and many other titles, most of which I can claim today due to my involvement in Meat Judging. To some it may seem silly that an extra-curricular activity might permanently alter one's life path and shape them into the person they will be for the rest of their life, but for me, it is a reality and a story that I would like to share with each of you.

I grew up in Pueblo, Colorado and essentially, was raised a city girl. I was, however, fortunate enough to be raised on the rural outskirts of Pueblo, immersed in agriculture, and from a very young age, I loved cattle.

Despite concerns from my parents, in my mind, heading to Fort Collins, Colorado to attend Colorado State University and major in Animal Science was a no brainer. My first year of college went off without a hitch. I took as many credits as possible, held as many part time jobs, to cover the cost of tuition as possible, and joined the CSU Wool Judging Team. As I enrolled in classes for my sophomore year, all of my wool judging friends and the most competitive

students signed up for Introduction to Meat Product Evaluation, the class the precedes participating on the competitive meat judging team. I, on the other hand, opted to take a greater number of core credits and take on more hours at the local sporting goods store. Little did I know, I nearly made the biggest mistake of my life!

The first week of classes came and went. I suddenly did not have as much time with my friends and found myself wishing I had an extracurricular to take my mind off core classes. The logical decision was rearrange my schedule to fit in the meat judging class. Although I had little to no experience with anything meat related short of work with the live form and eating the cooked form, it quickly became evident that meat evaluation was my happy place. The sense of teamwork, the intense competition, and difficult problem solving filled the holes that had been left from high school sports teams and other academic competitions I have been involved in at earlier ages. I was learning to think critically, compare logically, communicate effectively, and lead decisively. I was also astonished to find that all of these skills were proving to be instantly applicable to my other classes and even my part time job. Just as importantly to me at the time, my team was good. We had countless successes and brought home lots of trophies, plaques, and ribbons to decorate the CSU Animal Science halls. I was so proud to have represented my

University with people I still count as my best friends to this day.

Aside from the skills, knowledge, and awards I was obtaining, I was getting to have experiences that few my age and even fewer with my background were getting to witness. By the end of the 2008 Meat Judging Season, I had visited over 15 major packing houses and further processors of beef, veal, pork, lamb, and goat, making countless invaluable, professional connections along the way. As my undergraduate program came to a close, thanks largely in part to the connections I had made on these meat judging trips, I scored an internship with Cargill, at the time the largest privately owned company in the United States, in Beef Product Research and Development. I was also fortunate enough to have been offered two other jobs in the University's Meat Laboratory as a meat cutter and undergraduate research assistant while I finished my degree. Much to my astonishment, the perks of participating on an Intercollegiate Meat Judging Team were just beginning.

Upon graduation, I became the first person in my family to obtain an undergraduate degree and dreams I didn't even know I had, were coming true. Growing up, I did not know very many individuals with graduate degrees, my family medical doctor and the lawyer neighbor are the only two I can think of off the top of my head. Goals of obtaining something like a master's degree had never even crossed my mind, especially with the newly signed diploma on my wall and interviews and job offers coming to fruition. My meat judging Coach, Dr. Dale Woerner, now faculty in the department, called me to his office and much like the invaluable skills he had taught me while judging, made me an offer that would again change my life forever. I accepted a position as the 2010 Colorado State University Meat Judging Coach in exchange for tuition and a living stipend. Over the next two years, I obtained a degree I had never thought possible, and passed on my knowledge and love for Meat Judging on to the greatest group of young adults I have ever had the opportunity to know. As I coached the team that would go on to become the 2010 National Champion Intercollegiate Meat Judging Team, I continued to make networking connections that I would carry with me for the rest of my life.

Although I have been out of the college meat judging scene for 7 years, meat judging in general has continued to play a large role in my life as well as influence the life decisions I have made. I spent several years



working for large meat packing companies in areas of research, product development, packaging, and regulations and now work for Colorado State University Extension as an Area Agent. I have had the privilege of serving on national meat judging committees for intercollegiate meat judging, as well as 4-H and FFA meat judging contests and have coached 4-H meat judging teams from Kansas and Colorado. I love that I am able to pass on and practice my passions as I educate today's youth about the meat industry, raise my own family, and participate as a cattle producer.

Although my passion for meat judging did not begin until college, I often wonder how being exposed to those lessons and life skills at an earlier age may have allowed for an even greater impact. Luckily, for all Colorado youth, an opportunity to engage in such pursuits lies as close as their local CSU Extension Office.

Colorado 4-H is proud to offer several Meat Judging opportunities for the upcoming 2019-2020 4-H year. 4-H in

Colorado will kick off the season with two great workshop opportunities on January 6th in Greeley, Colorado at JBS Headquarters and January 20th at the CSU Animal Science Department on campus. Both clinics are open to any teams, individuals, leaders, and agents to practice and/or learn meat judging basics. Colorado State University Animal Science Graduate Students and Meat Judging Team members will be available to answer questions, explain classes, and teach basic meat judging concepts. These events also offer unique opportunities for students to tour the JBS facilities as well as the CSU Meat Laboratory. All teams and individuals are also invited to participate in a practice contest held on April 7th and the State 4-H Meat Judging Contest on April 28th at the CSU Animal Science Department. Prizes, awards, and scholarships will be presented at these contests and Colorado's representatives to compete in national contests in both Kansas City and Denver will be determined. For more information on how to learn more about meat judging or join a team, contact your local Colorado State University Extension Office TODAY!

ADDITIONAL INFORMATION

2019-2020 Changes in Projects

As is usually the case, we have some project changes for the 2019-2020 4-H year. Some manuals have been changed. Below is a list of changes to be aware of for the coming year.

CAKE DECORATING MANUALS: - *revised* - Each unit has been revised so please recycle the old ones and use only the manuals that have on the backside of the front cover – revised Fall 2019. What is new in the cake decorating manuals – Karen Johnson from Wilton Brands helped with the revisions and has provided Wilton training videos for each of the units. These videos are linked on our website. We have added in Unit 5 – decorated cookies and cookie structures; in Unit 6 we added Sculpted cakes; and in Unit 11 we added krispy molds.

BEEKEEPING – is now a state project.

4-H 101: New to 4-H and not sure what to expect?

NEWSLETTER: Your enrollment automatically subscribes you to this newsletter which is dedicated to our five county area called “Golden Plains”. Watch the front of the newsletter for information and events that may be pertinent to all area counties. Flip to your county section for specific news, events, deadlines and rules for your county. You will receive another newsletter bimonthly. Current and past editions are available on the Golden Plains website at <http://goldenplains.colostate.edu/>

CLUB MEETINGS: Are you in touch with your club leader to find out when your club meetings are? Try to attend as many meetings as you can so that you can get involved, make friends, and learn more about your projects. Many clubs have requirements as to how many meetings you need to attend so make sure you are aware of that number.

MANUALS: Be sure to ask your club leader or the Extension office if you need a project manual. These manuals were designed to help you learn more about your specific project. TIP: For additional help, try to find out if your club has any project leaders that can help you. Colorado4h.org also has tip sheets for most projects. Click “Projects and Record Books”. Scroll to the middle of the page and click “Tip Sheets”.

LIVESTOCK WEIGH-IN: Are you taking a livestock project? If you plan to show a market animal (one that will be fed out, shown and possibly sold) you'll need to be sure to check the newsletter for information about livestock weigh-in or nomination. All market beef, market goats, and market lambs must be weighed in on the specific date listed. Market Swine must be tagged and have appropriate

“nomination” paperwork turned in before May 1st. Rabbits and Poultry do not need to be weighed in or tagged.

WEBSITES: Check out our local Golden Plains website at: goldenplains.colostate.edu or the state 4-H website at www.colorado4H.org. Some of the Golden Plains Area counties also have a 4-H Facebook page, just search for Phillips County 4-H, Washington County Colorado 4-H, Yuma County Colorado 4-H or Kit Carson County 4-H Colorado and then “Like” to follow their updates.

Check for the Right Project Manual: Leaders or families often have extra 4-H manuals from previous years on hand

and give them out to youth, especially to those who want to get a head start on 2019-20 projects.

BE SURE THE MANUAL IS CURRENT!! Various 4-H manuals are updated each year, and if a youth has an outdated version, they might end up doing the wrong requirements and exhibit.

If you have unused manuals, please bring them to the Extension Office to check if they are still current. Thanks!!



LIVESTOCK

Welcome to the Blue Ribbon - Youth Livestock Projects Blog!



The purpose of this blog is to provide information, advice and suggestions for improving youth livestock projects from multiple sources. The information, advice and suggestions in this blog come from professional agricultural educators who have multiple years of experience working with youth and their livestock projects. If you ever have a question or a particular subject you would like addressed, please feel free to contact Scott Stinnett via email, or leave a comment and we will do our

best to assist or address the subject. Should the question or subject be more technical, we will help direct you to an appropriate resource for the best possible answer. This blog has recently covered topics such as Heat Lamps, Help or Hazard?, Veterinary Feed Directive, and Decemburr! Click on the link <http://theblueribbonyouthlivestockproject.blog.spot.com/> or visit the Golden Plains Extension website and click on the Youth Livestock Blog link on the bottom, left hand of the page.

Colorado 4-H Meat Quality Assurance Certification/Recertification Workshops



You Must Attend A MQA Workshop
1. First 2 years taking a livestock project
2. Once at 12 years of age
3. Once at 15 years of age



Public confidence in our meat products is extremely important to the success of the livestock industry. Youth livestock projects play an important role in building or losing the trust of our consumers. It is important that youth livestock exhibitors exceed the standard in producing quality, defect-free livestock for our consumers. In the past, a very small number of exhibitors have given youth livestock shows a bad name by using unethical and unsafe techniques to “win at all cost.” As a result, we have implemented a strong Meat Quality Assurance program in Colorado. Through the MQA workshops youth learn ethics and good production practices needed to produce a high quality, desirable product for the American Consumer. If you need to attend this year you will be notified by your county Extension office prior to the workshop.

Each county has their own MQA requirements and it is highly recommended to attend a workshop. The workshops allow for hands on learning and experience. For those of you that participated last year, it will be the same layout. There will be different stations pertaining to the 10 Good Production Practices set up at each location and you will have the chance to observe and learn with real supplies and equipment. You will have the opportunity to come any time during the listed period as long as you are able to participate at each station.

Allow yourself one hour. The following chart explains when and where the workshops will be. Keep in mind that dates and/or times and locations are subject to change so stay posted and be sure to call your local Extension Office if you have any questions.

2020 Colorado 4-H MQA Schedule Statewide

Date	County	Location	Date	County	Location
February 1, 2020	Arapahoe	Fairgrounds, Aurora	April 5, 2020	Sedgwick	Fairgrounds, Julesburg
February 29, 2020	Larimer	McKee Bldg, The Ranch, Loveland	April 6, 2020	Phillips	Fairgrounds, Holyoke
March 5, 2020	Pueblo	State Fairgrounds, Pueblo	April 8, 2020	Yuma	Roundhouse, Wray
March 9, 2020	Elbert	Fairgrounds, Kiowa	April 9, 2020	Yuma	Fairgrounds, Yuma
March 10, 2020	Elbert	Big Sandy School, Simla	April 13, 2020	Kit Carson	Community Center Burlington
March 11, 2020	Cheyenne	Community Building, Cheyenne Wells	April 15, 2020	Adams	Fairgrounds, Brighton
March 13, 2020	Kiowa	Fairgrounds, Eads	April 16, 2020	Adams	Fairgrounds, Brighton
March 16, 2020	Baca	Minnick Building, Springfield	April 22, 2020	Douglas	Fairgrounds, Castle Rock
March 17, 2020	Prowers	Granada School Old Gym, Granada	April 23, 2020	Douglas	Fairgrounds, Castle Rock
March 18, 2020	Bent	McClave School, McClave	April 24, 2020	Douglas	Fairgrounds, Castle Rock
March 19, 2020	Otero/Crowley	Ark Valley Fairgrounds, Rocky Ford	April 28, 2020	Adams	High School, Bennett
March 21, 2020	El Paso	TBD	April 29, 2020	Boulder	Fairgrounds, Longmont
March 23, 2020	Teller	TBD, Florissant	May 6, 2020	Jefferson	Fairgrounds, Golden
March 24, 2020	Park	TBD, Jefferson	May 15, 2020	Larimer	McKee Bldg, The Ranch, Loveland
March 25, 2020	Fremont	4-H Building, Canyon City	May 18, 2020	Morgan	Fairgrounds, Brush
March 27, 2020	Custer	TBD, Westcliff	May 19, 2020	Morgan	Fairgrounds, Brush
March 31, 2020	Lincoln	Fairgrounds, Hugo	May 27, 2020	Weld	Island Grove Park, Greeley
April 1, 2020	Washington	Fairgrounds, Akron			
April 2, 2020	Logan	Fairgrounds, Sterling			

KIT CARSON COUNTY

Scott Stinnett (4-H Youth Development/ Livestock)

JANUARY

- 2 YouthFest Registration Opens
- 8 Leadership Development Conference (LDC) Registration Due
- 11-26 National Western Stock Show
- 17 4-H Day at PRCA Rodeo and National Western Stock Show
- 20 County Council, Hi Plains School, 7 PM
- 25-26 Leadership Development Conference, Denver
- 26 Horse Project Meeting, 2:00 PM, Location TBD

FEBRUARY

- 1 KCC Fair Junior Superintendent Applications Due
- 7-9 Youth Fest
- 15 Citizenship Washington Focus Applications Due
- 17 Presidents Day HOLIDAY (office closed)
- 22 KCC Fair Beef Weigh-in ***NEW DATE***



National Western Stock Show

NWSS will be January 11th through 26th. We have several KCC 4-H members who will be exhibiting livestock and would love to have your support. There are also discounted tickets available for groups and especially for 4-H Day at NWSS. For ticket information, contact group ticketing at 303-295-3959 or visit

<http://nationalwestern.com/tickets/>.



Leadership Development Conference

Leadership Development Conference will be January 25th to 26th and is for 4-H members age 14 and older. It is a great opportunity to network with other 4-H members while growing leadership skills. Registration will be \$110 after KCC 4-H Council helps pay for part of a member's expenses. Registration closes on January 8th. **Transportation will not be provided to LDC in 2020.** Contact Scott for more information.

YouthFest

YouthFest is for 4-H members age 9-13 and will be February 7th - 9th. It is an opportunity for members

to learn teamwork, leadership, communication and citizenship skills through a variety of workshops. YouthFest is conducted by the Colorado State 4-H Senate Officer Team. KCC 4-H Council will help pay for part of a member's expenses. Registration is \$85 and will open January 2nd and closes early as this camp fills up fast. Let Scott or Jean know if you want to go ASAP.

Citizenship Washington Focus

Citizenship Washington Focus (CWF) is a week-long 4-H citizenship program for youth ages 15-19 that takes place at the National 4-H Youth Conference Center. Every summer, thousands of young people participate in the program, which provides opportunities for them to strengthen their communication, leadership, and citizenship skills, and experience hands-on learning using the historical backdrop of Washington, DC.

Kit Carson County 4-H Council offers two partial scholarships to pay a part of the total cost. Members wanting to attend should fill out an application available at the Extension Office. The applications will be ranked to determine the amount paid by the council. The remainder of the balance will be the responsibility of the delegate.

After CWF, members who attended will be asked to create a booth for the KCC Fair and give oral presentations at a county council meeting and the 4-H achievement program.

Beef Weigh In ****NEW****

Beef Weigh-in will be **SATURDAY February 22nd, from 10:00 AM to 12:00 PM (Noon)**. Any market beef cattle who may be showing at the KCC fair must weigh in during those times in order to be eligible to show at the fair. **CATTLE MUST BE BROKE TO LEAD ACROSS SCALES**. This is due to safety concerns and wear and tear on the scale equipment. **Cattle that cannot be led across will not be weighed in.**



There will be 155 days between weigh-in and fair. Minimum weight for all market beef will be 1000 pounds and a maximum weight of 1500 pounds. No minimum rate of gain for 2020. This weight will be used to determine the animals Rate of Gain..

Livestock Judging and Horse Judging

4-H members interested in judging livestock or horses should contact Scott at the Extension office. Kelli and Dallas Vaughn will be the horse judging coaches and we working on solidifying a livestock judging coach. Practices begin after the first of the year and contests will be in the spring and early summer.

Horse Project Meeting

A meeting for all members enrolled or interested in horse project will be on Sunday, January 26th at location yet to be determined. Contact Kelli Vaughn for more information.

Junior Superintendents

4-H members 12 years and up, who are interested in being Junior Superintendents for the 2020 KCC Fair need to contact the Extension office and apply by February 1st. We ask that junior livestock superintendents not apply for a specie they intend to show at the fair.

Spots still needing to be filled are: Beef – 1; Horse – 3; 4-H Clothing/Fashion Revue – 1; Rabbits – 1; Open Class Garden – 1; Photography – 1; Paintings – 1; General Living Arts – 2.
Please call the office as soon as possible if you can help us out! 346-5571

Shooting Sports

Shooting sports will be getting underway soon. **2020 Safety Training** for **ALL** participants will be held at **1:30 PM, Sunday, March 8th** at the Burlington Gun Club. **All shooting sports members are required to attend.** Range cleanup will be immediately after safety training. Bring your warm work clothes and gloves. Discipline trainings will take place beginning at 1:30 PM on March 29th at the Burlington Gun Club.

All participants must complete hunter's education before participating in any shooting activities. Go to <http://cpw.state.co.us/learn/Pages/HunterEducation.aspx> for more information on hunter's education.

2020 Official Shooting Dates

All official shoots will be at the Burlington Gun Club. Shotgun will start at 9 AM and all other disciplines at 1:30 PM. Here are the dates:

First Shoot	April 5 th
Second Shoot	April 19 th
Third Shoot	May 3 rd
Fourth Shoot	June 14 th
Fifth Shoot	June 28 th
Final Shoot	July 11 th

Discipline Trainings

Enrolled adult 4-H volunteers or senior 4-H members wanting to attend a discipline training, please contact Scott at the Extension Office. Here are dates:

March 13-15, Weld County
March 20-22, Pueblo County
March 27-29, Garfield County
April 3-5, Arapahoe County



MyPI

MyPI is a national emergency preparedness initiative to teach youth to be ready for disasters and be a resource in their home and community. The program is open to any youth 13 years or older in 4-H or not. It will teach students the basics skills and knowledge in emergency preparedness, first aid, fire safety, weather safety, and become Teen CERT (Community Emergency Response Team) trained and ready to be an asset to your community. Adults can also go through the program and become CERT trained. Contact Scott in the Extension office for more information.

PHILLIPS COUNTY

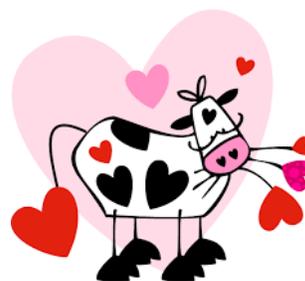
JANUARY

- 1 New Year's Holiday – Office Closed
- 7 Mandatory Organizational Leaders' Meeting- Paoli Town Hall 6 pm
- 11-26 National Western Stock Show, Denver
- 15 4-H Enrollment Deadline for all re-enrolling members
- 25-27 Leadership Development Conference – Denver



FEBRUARY

- 1 Market Beef Weigh-In –, 9 a.m., Livestock Pavilion – Alt Date February 8
- 10 Applications due for Citizen Washington Focus



Important Deadlines!

All re-enrolling members need to have their enrollments completed in 4HOnline by January 15, 2020. New 4-H families have until March 1, 2020 to complete their enrollments. All 4-H enrollments will be completed in 4HOnline. To enroll, please go to the following website:

<https://co.4honline.com>. **To clarify, the add/drop deadline has been changed from April 15 to May 15.**



Project Manuals

Project manuals will be ordered for members who enroll in a new project or change units within a project area. Some manuals have multiple units in one manual. Livestock project members: only one manual per family will be ordered. Manuals will only be ordered in the member's first year of the

project. Please contact the Extension Office if you would like to expedite your manual order.

Livestock Weigh-In Information

Market beef weigh-in will be Saturday, February 1, 9 a.m. at the Bank of Colorado Pavilion. Please watch your mailboxes/email boxes for more information regarding traffic flow/loading and unloading, etc. Please bring brand papers/bill of sale to weigh-in. Market beef weight ranges are 1000-1500 lbs.

Market sheep and goat weigh-in is scheduled for May 3, 3 p.m. at the pavilion. **Catch-it-goat recipients:** you will receive your goat at this time. Make arrangements to pick your goat up at weigh-in and transport it to your home or the place where you will be keeping your animal. Market lamb weight ranges for county fair are 100-160 lbs. Market goat weight ranges are 55-110 lbs.



Market swine will not be weighed in. All swine ID will be entered online. It is your responsibility to tag your pigs and take THREE pictures of each

pig. Please pick up the tags, tagger, and instructions for entering your information online at the Extension Office. Tag your pigs and take a picture of the left side, right side, and a picture of the pig's head showing the tag. There will be example pictures attached to your instruction paper. You will also need to record the pig's ear notches on the swine ID form. The due date for the completed swine ID and pictures (online) is May 4. Market swine weight ranges are 230-300 lbs.

All potential state fair exhibitors: market beef, sheep and goats all need retinal scanned if you plan on showing at state fair. (Market hogs do not get retinal scans; ear notches will need retinal scans; ear notches will need submitted when nominating for state fair.) Retinal scans will be done at weigh-in. There will be a cost for retinal scans. You will be notified of the cost at a later date. Please be prepared to pay on the day of weigh-in for any animal you have scanned. Thank you.

Citizenship Washington Focus

4-H members who are 15 years or older by the first of the year are eligible to attend the Washington Focus trip to Washington D.C. this coming summer. As a participant, you will develop a greater understanding of American heritage, gain insight into the American government, as well as explore personal and social objectives. You'll get the opportunity to visit the National 4-H Center, Capitol Hill, governmental departments, historical sites, and memorial buildings. Phillips County would like to send at least one delegate on this trip. If you are interested in applying to go, please call the office for more information. The deadline for this application is February 10th. The Phillips County 4-H Council offers one \$1,000 scholarship to attend CWF.

E-Records

It's not too early to start thinking about your e-records, especially if you are enrolled in a livestock project! To locate your e-records for your project, please go to: co4h.colostate.edu, click on 4-H Programs and Projects and scroll down to appropriate record book link.

4-H Project Information

For more detailed information about the project areas, please go to the 4-H website (co4h.colostate.edu), roll your cursor over 4-H Programs and Projects and click on Project Information. From there you can scroll through the projects and click on them to get more information.

Record Book Folders

If you are in need of a green record book folder for your record book, please stop by the Extension Office to purchase one. You are encouraged to use a green record book folder for all your record books (one folder per book). The cost is \$3 per folder.

Livestock Judging

Would you like to understand why your animal won a class at fair? Or maybe your animal placed lower in a class and you would like to know why. If you answered yes to these questions, consider participating in livestock judging to learn what to look for when selecting and judging livestock. Livestock judging also offers you the opportunity to improve your decision making, public speaking, and critical thinking. You will make a few friends along the way and have the opportunity to travel to several contests. If you are interested in judging, please contact the Extension Office.

MQA Date Set!

The Meat Quality Assurance (MQA) date for Phillips County will be April 6, 4-7 p.m. at the Phillips County Event Center. If you are new to a 4-H livestock project, you are required to participate in the training the first two years of your project. You will need to re-certify when you are 12 and again when you are 15. Livestock projects that require MQA training include: beef, sheep, swine, goats, rabbits, and poultry. If you haven't met this requirement by **June 10, 2020** you will not be eligible to show at fair. For anyone interested in showing at national shows or out-of-state shows, double check the show's Meat Quality requirements. There are some shows that require other quality assurance training. At this point, the Colorado State Fair is still accepting our current MQA program to meet their requirements. Contact the Extension Office if you have questions.

Project Completion Money

If you had a livestock project only at fair, please contact the Extension Office to see if you still have project completion money in the office. Call Carrie with questions, 854-3616.

A colorful graphic with the words "Thank You!" in a playful, multi-colored font. The word "Thank" is in blue, green, and red, and "You!" is in pink and blue. There is a green exclamation point at the end.

A special thank you goes to Joan Owens and Mendi Lutze for agreeing to serve as the Leader Advisors for the 2019-20 Phillips County 4-H Council. Thank you!

SEDGWICK COUNTY

Rena Howell (4-H Program Coordinator)

JANUARY

- 1 New Year's Holiday – Office Closed
- 11-26 National Western Stock Show, Denver
- 15 **4-H Enrollment Deadline**
- 17 4-H day at NWSS
- 25-26 Leadership Development Conference in Denver

FEBRUARY

- 2 Market Beef Weigh-In, 12:30 p.m.
- 7-9 Youth Fest

MARCH

- TBD 4-H Pancake Supper

APRIL

- 1 4-H Scholarships Due
- 5 MQA: 2 p.m.-4 p.m.

MAY

- 1 Ownership Deadline for breeding beef, sheep and goats.
- 1 Dog and Horse ID Forms Due in 4-H Online
- 1 Add/Drop Date
- 3 Market lamb and goat weigh-in – Time TBD
- 8 Swine ID Forms due



4-H ENROLLMENT DEADLINE

Sedgwick County 4-H enrollment will close at midnight on **January 15th**. If you need assistance, or need to use a computer, call or stop into the office. Reminder: You do not need to decide on all projects when enrolling. May 1st, is the project add/drop deadline. The Extension office recommends enrolling for all projects that you are interested in, then dropping the others later.

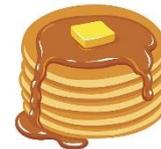
REGISTRATION FOR CITIZENSHIP WASHINGTON FOCUS IS OPEN!



Do you want to visit the National 4-H Center, Capitol Hill, historical monuments and represent Sedgwick County all while meeting new people and being a voice for 4-H? Then CWF is for you! If you are 15 years or older by the first of the year, you are eligible to attend the Citizenship Washington Focus trip, in Washington D.C. this summer! It is an amazing opportunity and Sedgwick County would like to send at least one individual. Scholarships are available from the State 4-H office and Sedgwick County 4-H council. Call the Extension office with any questions. State 4-H office and Sedgwick County 4-H council. Call the Extension office with any questions.

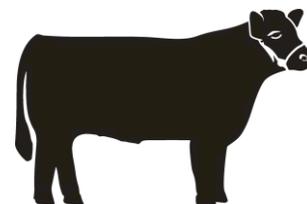
PANCAKE SUPPER

The Pancake supper date has not been set, however it will be held mid-March as usual. A flyer will be coming your way in January with the date and more information!



MARKET BEEF WEIGH-IN

Market beef weigh-in will be held at the Sedgwick County Fairgrounds on Sunday, **February 2nd** starting at 12:30 p.m. *Please be on time!* You will need the brand inspection paper or official bill of sale at this time to prove ownership. If you do not weigh-in, you are not eligible to show at county fair. Remember, 4-H members are not required to attend weigh-in if they have prior commitments; however, your animal will need to be weighed-in at this time. If someone else is weighing your animals, we will need to know which animal belongs to which child **AT THE TIME OF WEIGH-IN** in order to accurately complete our paperwork. For safety reasons, we encourage all market beef exhibitors to start halter breaking your steer or heifer before weigh-in. The weight range for county fair will be 1050-1500 lbs. If you are interested in showing your animal at the Colorado State Fair, please let the Extension office know by **January 28th** so we



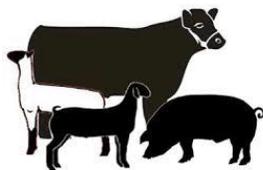
can make arrangements to get the equipment to,retinal scan your animal.

LITERATURE ORDERS

Project Manuals are crucial to successfully completing a project. They can take into account different aspects you may not have thought of when doing your project. There have been a couple of changes this year, the Horse manual has been updated, all horse members and horseless horse project members will need new manuals. Home Design and Décor manuals will replace the Home Environment manuals. To help members get the most from their projects, we are asking the club leaders to collect the orders for 4-H project manuals from their membership. Literature orders are due to the Extension office no later than **May 1st, 2020** to coincide with the add/drop deadline. However I will be making an early bird order on **March 20th, 2020**. The Extension Office will order the literature and bill individual 4-H clubs for all members' purchases. Members will need to reimburse their clubs for this expense. Rena will be sending each club leader a report stating which members have indicated they would like to order manuals. Please double check this information with your club members and then complete the literature order form.

MQA/PQA DATE IS SET!

The Meat Quality Assurance date for Sedgwick County is Sunday, **April 5th** from 2 p.m. – 4 p.m. at the Sedgwick County



Fairgrounds. If you are new to a 4-H livestock project, you are required to participate in the training the first two years of your project. There will be information mailed to each member individually about the MQA. You will need to re-certify when you are 12 and again when you are 14. Market swine members will now follow MQA rules, PQA (Pork Quality Assurance) is no longer a separate program. Please contact the Extension office if you have questions about this. Livestock projects that require MQA training include: beef, sheep, swine, goats, rabbits, and poultry. If you haven't met this requirement by **June 15, 2020**, you will NOT be eligible to show at fair. Contact the Extension Office with any questions.

ADD/DROP DATE

The add/drop date has been changed to **May 1st** this year. This allows you some extra time to decide on what projects you would like to do. This deadline is the same as the proof of ownership deadline so you have on less date to worry about!

GRADUATING SENIORS

Don't forget to get your local 4-H scholarship applications! They are due to the Extension office by **April 1st**.

RECORD BOOK FOLDERS

If you didn't purchase a record book folder last year, or you are a new member this year, please call or stop by the Extension Office to purchase your record book folder for this year. You are encouraged to use a record book folder for all record books (livestock, horse and general). The cost is \$3 per folder.

2020 SEDGWICK COUNTY FAIR

The 2020 Sedgwick County Fair is **July 29th - August 2nd**. The fair will be shortened by one day this year, as soon as the schedule is decided I will be sending out a postcard with that information! Interview Judging is scheduled for **July 25th**. The Extension Office will be sending a copy of the interview judging schedule to all members.

STRETESKY GRANT

Being in 4-H is an awesome opportunity and The Stretesky Foundation has made that easier for the families of Sedgwick County. The Stretesky Foundation has once again given Sedgwick County 4-H a grant that pays for local and state

members' dues. The grant is also used to help alleviate some of the expenses on members going to camps and conferences. Please remember to send them a thank you for supporting Sedgwick County 4-H! Their mailing address is: The William Stretesky Foundation, 104 W. 1st St., Julesburg, CO 80737.



WASHINGTON COUNTY

Gisele Jefferson (4-H & Youth Development/Family & Consumer Sciences)

Jamie Axtell (4-H & Youth Development)

<p>DECEMBER 31 Re-enrollment Deadline for returning 4-H members</p> <p>JANUARY 1 New Year Holiday – Office Closed 6 LDC Registrations Due 11 Youth Sewing Club – 2:00 p.m., Extension Office, Akron 17 Youth Cooking Club- (9-11a.m., Extension Office, Akron) 20 GAME CHANGER Activity – 5:30 p.m., Courthouse 20 4-H Council Meeting – 7:00 p.m. – Extension Office, Akron 25-26 Leadership Development Conference, (LDC) - Denver</p> <p>FEBRUARY 1 Youth Sewing Club – 2:00 p.m., Extension Office, Akron</p>	<p>FEBRUARY (Cont.) 14 Youth Sewing Club – 9-11 a.m., Extension Office, Akron 7-9 YouthFest – Ponderosa Retreat Center, Larkspur 22 Beef Weigh-In – Eastern CO Research Center, north of Akron, 7:30-9:00 a.m.</p> <p>MARCH 16 4-H County Council Meeting – Extension Office, Akron, 7 p.m.</p> <p>APRIL 1 Meat Quality Assurance Training (MQA) - Akron 17 Carnival and Raffle Drawing - Akron</p> <p>MAY 1 Add/Drop Deadline – Horse, Dog, Swine ID’s Due 11 Market Sheep/Goat Weigh-in – Fairgrounds, 4-7 p.m.</p>
--	---

LEADERSHIP DEVELOPMENT CONFERENCE (LDC)



Are you a 4-H member that is age 14 or older? Plan now to attend the annual Leadership Development Conference, better known as

LDC. The event will be held January 25-26 in Denver at the Renaissance Hotel. During the two day program, you will interact with other members while exploring leadership development and community service. If you are interested in attending this amazing opportunity, you will need to have your registration form completed in 4honline by **January 6**. County 4-H Council graciously helps sponsor members to attend so the cost per member is \$87.50. Transportation is provided by CSU Extension. For more information, contact the office today.

YOUTH FEST

4-H members ages 9-13 are invited to Youth Fest, a leadership camp held February 7-9 at the Ponderosa Retreat Center in Larkspur. County council has approved paying half of the registration so the cost per member is approximately \$70. Space is limited! Registration opens in 4Honline after the first of the new year. For more information, contact the office today. Chaperones will also be needed if volunteer leaders would like to attend.

Come be a GAME CHANGER with us! RESCHEDULED!

Last October, 4-H launched the 2019 National Youth Science Day (NYSD) challenge called Game Changers. Designed by Google and West Virginia Extension service, Game Changers teaches kids ages 8-14



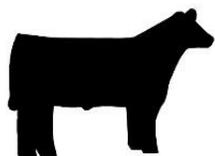
how to use computer science (CS) to create games, solve problems and engage with topics they're passionate about.

Game Changers uses physical activity and puzzles to teach kids important CS concepts and problem-solving skills, creating real-world connections between computer science and civic engagement, healthy living and agriculture.

Come explore this activity with us on Monday, January 20 at 5:30 p.m. at the courthouse annex. This is open to any age and will be a fun, hands on way to explore computer science. Stay afterwards for our county 4-H council meeting starting at 7:00 p.m. RSVP is recommended and a light dinner will be served. Call 345-2287 to RSVP.

BEEF WEIGH IN

Market beef weigh-in is scheduled for **SATURDAY**, February 22nd from 7:30 a.m. – 9:00 a.m. at the Eastern Colorado Research Station north of Akron. All market steers and market heifers **MUST** be weighed in on this date to be eligible to show at county fair - **NO EXCEPTIONS**. Be sure to bring your brand inspection paper or an official bill of sale to prove ownership of your animal, the brand inspector will be onsite collecting that information. 4-H members enrolled in the market beef project will receive a postcard with more details in January.



SAVE THE DATE – MQA TRAINING

Our annual Meat Quality Assurance (MQA) Training will be held Wednesday, April 1st in Akron from 4-7 p.m. Local and state 4-H policy requires that all 4-H members attend if they meet one of the following criteria:

1. **Members in their 1st or 2nd year of taking a livestock project**
2. **Any member turning 12 or 15 (as of Dec 31, 2019) enrolled in livestock**

Our county fair policy requires that FFA members must also attend the program once (age 15). If you cannot attend this scheduled training, please contact us about dates of training in other counties



ANNUAL CARNIVAL AND RAFFLE

A raffle drawing is held during the carnival. Clubs are also asked to sell raffle tickets leading up to the event. Tickets will be ready for distribution by late January or early February. Each member is asked to sell at least three books of tickets. Proceeds from the raffle are split between the

clubs and county.

Watch for more information in the next newsletter or at your next club meeting. The date for the event has been set for April 17 at the Events Center in Akron.

COUNTY 4-H COUNCIL NOTES

The county council has met twice in the past few months, once in September and once in November. The following are some highlights of the items discussed:

The potato supper was reported on. The event was a success and the county made approximately \$1680.

The council approved the 2019-20 county council budget. Copies are available at the Extension office if you'd like one. Council also approved the 2019-20 plan of activities. A 4-H calendar of events is available, pick one up at the Extension office if you are interested.

State leadership opportunities were discussed and members were encouraged to attend the upcoming Leadership Development Conference (LDC) or YouthFest. The council voted to pay for half of member registration for each event. The council s helped pay for 3 members to Colorado Leadership Camp (CLC) in Glenwood in November. All reported back that the event was fun and they hoped to attend again.

Carnival and raffle were discussed. The carnival will be held April 17 with a theme to be decided in January. Raffle prizes will be cash prizes the same as last year. More detailed plans will be made at the January Council meeting to be held **January 20, 7:00 p.m. at the Courthouse Annex.**



YUMA COUNTY

JoLynn Midcap (4-H Youth Development)

Joy Akey (Family & Consumer Sciences)

JANUARY

- 7 Leaders Banquet - Wray
- 11-26 National Western Stock Show – Denver
- 17 4-H Day at Stock Show
- 20 Yuma County Fairboard Meeting
- 24 Youth Fest Registration Due – 4Honline.com
- 25-27 LDC – Denver



FEBRUARY

- 1 Project Registration Deadline
- 5 Yuma County 4-H Council Meeting – Idalia, 7:00 pm
- 9 Shooting Sports Safety Meeting (All disciplines) – Please see updated attendance requirements
- 7-9 Youth Fest – Larkspur
- 10 Citizenship Washington Focus Applications Due on 4honline
- 17 President’s Day Holiday – Office Closed
- 17 Fairboard Meeting
- 29 Beef Weigh-In—Mekelburg Feedlot , 9 to 11 a.m.; Idler Residence, 9 to 10 a.m.

2020 Yuma County 4-H Council Meetings

- February 5th – Idalia, 7:00 p.m.
- April 22nd – Eckley, 7:00 p.m.
- June 2nd – Yuma, 7:00 p.m.
- October 18th – Liberty, 3:00 p.m.

Thank You

A great big Thank You once again goes out to the Yuma County Cattleman’s Association and their partners!! In an effort to promote the great cattle in our county and the Yuma County Fair Breeding Beef show, the participants of the 2020 Yuma County Breeding Beef



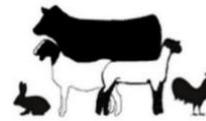
Show will have the opportunity to win a bred heifer that will come back to show at the 2021 Yuma County Fair. Be on the lookout for more details. The winners of these heifers this year were:

- Ty Weathers - sponsored by Noble Ranch & Young Ranch
- Grady Linman – sponsored by Stan Schafer

Conferences and Camps

CLC, Youth Fest and the State 4-H Conference and LDC are great opportunities to enhance your 4-H Experience, and definitely make the best better! You will get the chance to meet friends that you will run into for years to come, eat great food and have great

MQA



Don’t forget to add the MQA dates to your calendar. These classes are mandatory for any member that is taking a 4-H and FFA livestock project to fair. If you are in your first two years of a livestock project or are 12 or 15 years old, please make plans to attend either one of these classes. The same class is being offered all over the state and you may attend any of these classes if you are unable to attend the ones in Yuma County. The dates for the Yuma County classes are Wednesday, April 8th in Wray and Thursday, April 9th in Yuma.

Market Beef Weigh-in

Beef Weigh-In will be held February 29th at the Mekelburg Feedlot 9:00 – 11:00 a.m., and the Idler Residence 9:00-10:00 a.m. again this year. The Brand inspectors will be at these locations so please bring your brand papers. Weight requirements will remain the same as last year. Your market beef project will need to weigh between 1050 and 1500 lbs.

4-H Project Loans

We are very fortunate in Yuma County to have access to loans that benefit not only your livestock project, but general projects as well. Please call the Extension Office if you would like an application for the Kerst Loan or the JP True Memorial Loan.

Cloverbuds



The purpose of the Cloverbud project is to give our younger members an opportunity to get a feel for the projects available to them when they turn 8. In the Extension Office, we have kits available for you to check out if you have Cloverbuds enrolled in your club. Please call the Extension Office if you would like to check out the following kits... Gardening, Farm Safety, Worms, Butterflies, Rocketry, Eggs, Moose Muffins, and Leathercraft. We will also have summer meetings for cloverbud members. Please look for those dates in future newsletters.

Livestock Judging

Yuma County will be having practices for a Livestock Judging team in hopes of competing at State Conference later in the year. If you are interested in learning about evaluating livestock, please contact the Extension Office. We will begin practices in February.

New Shooting Sports Safety Meeting Attendance Requirements



Members who are shooting in their 1st or 2nd year and who have reached the age of 12 and 14 will be required to attend the safety meeting. If these requirements do not apply to you, then you are not required to attend the Safety Meeting to be held on February 18th. We recommend all shooting sports members attend the safety class but it is **REQUIRED** for members in their 1st or 2nd year are ages 12 or 14.

There will be a Hunter Safety class that is open to the public on February 22-23rd. If you are interested please call Margaret Marr at 597-0144 and she will call you when the date is finalized. (Every shooting sports member needs to have their current hunter safety card by April 1.)

2020 Yuma County Shooting Sports Schedule

<u>Date</u>	<u>Discipline & Time</u>	<u>Location</u>
December 16, 2020	Western Heritage Museum	
February 9, 2020	Safety Meeting	Fairgrounds
March 1, 2020	Archery 1:00, Shotgun 3:00	Wray Gun Club
March 7, 2020	Outdoor Skills TBA	TBA
March 8, 2020	.22 Rifle 1:00, Muzzle Loading & Pistol 3:00	Wray Gun Club
March 14, 2020	Western Heritage 2:00	Bonnieville
April 4, 2020	Outdoor Skills	TBA
April 5, 2020	Archery 1:00, Shotgun 3:00	Wray Gun Club
April 18, 2020	Western Heritage 2:00	Bonnieville
April 19, 2020	.22 Rifle 1:00 Muzzle Loading and Pistol 3:00	Wray Gun Club
May 2, 2020	Outdoor Skills TBA	TBA
May 3, 2020	Archery 1:00, Shotgun 3:00	Wray Gun Club
May 9, 2020	Western Heritage	Bonnieville
May 10, 2020	.22 Rifle 1:00 Muzzle Loading and Pistol 3:00	Wray Gun Club
June 6, 2020	Archery, .22, Muzzle Regional	Ft. Lupton
June 7, 2020	Archery 1:00, Shotgun 3:00	Wray Gun Club
June 13, 2020	Western Heritage 2:00	TBA
June 14, 2020	.22 Rifle 1:00 Muzzle Loading and Pistol 3:00	Wray Gun Club
June	Outdoor Skills Fishing Camp 9:00	Wray Fish Hatchery
July 5, 2020	Archery 1:00, Shotgun 3:00	Wray Gun Club
July 11, 2020	Western Heritage 2:00	Bonnieville
July 12, 2020	.22 Rifle 1:00 Muzzle Loading and Pistol 3:00	Wray Gun Club
July 18, 2020	Outdoor Skills	TBA
July 28, 2020	Western Heritage Persona Judging	Wray
July 30, 2020	Interview Judging	Fairgrounds
August 22-23	State Archery, .22, Muzzle 8:00	Pueblo
Sept. 5-6	State Shotgun, Pistol	16 Colorado Springs

If you have any question regarding either of these events, please call the Extension Office.

All dates are subject to change due to weather conditions or other conflict.

Regional Shoots and Camps will also be added when dates are available.

Hunter Safety class will be offered in February.

Shooting Sports Pre-requisites

Western Heritage and Pistol project pre-requisites include being at least 11 years of age and being enrolled in another shooting sports discipline for two years prior to enrolling in these disciplines.

COLORADO STATE UNIVERSITY
EXTENSION
GOLDEN PLAINS AREA
310 ASH, SUITE B
WRAY, CO 80758

NON PROFIT ORGANIZATION
US POSTAGE PAID
PERMIT NO. 22
WRAY CO 80758

ADDRESS SERVICE REQUESTED

GOLDEN PLAINS AREA 4-H NEWSLETTER

- 1.....Calendar of Events
- 1.....4-H Scholarships
- 2.....Leadership Development Conference
- 2.....Citizenship Washington Focus
- 3.....Citizenship Washington Focus
- 3-4.....How Meat Judging Shaped My Life
- 4.....2019-2020 Changes in Projects
- 4-5.....4-H 101
- 5.....Welcome to The Blue Ribbon - Youth Livestock blog!
- 5-6.....MQA Certification/Recertification Workshops
- 7-8.....Kit Carson County
- 9-10...Phillips County
- 11-12...Sedgwick County
- 13-14...Washington County
- 15-16...Yuma County



