

4-H YOUTH DEVELOPMENT

Golden Plains Area Newsletter

MARCH/APRIL 2019

CALENDAR OF EVENTS

Kit Carson County

817 15th Street
Burlington, CO 80807
(719) 346-5571
coopext_kit_carson@mail.colostate.edu

Phillips County

22505 Hwy 385
Holyoke, CO 80734
(970) 854-3616
coopext_phillips@mail.colostate.edu

Sedgwick County

315 Cedar
Julesburg, CO 80737
(970) 474-3479
coopext_sedgwick@mail.colostate.edu

Washington County

181 Birch Avenue
Akron, CO 80720
(970) 345-2287
coopext_washington@mail.colostate.edu

Yuma County

310 Ash, Suite B
Wray, CO 80758
(970) 332-4151
coopext_yuma@mail.colostate.edu

Golden Plains Area Web Site

<http://goldenplains.colostate.edu>

CSU Extension 4-H Web Site

<http://www.colorado4h.org>

MARCH

- 23** Livestock Judging Field Day – Morgan County – More info in this newsletter.

APRIL

MQA Check dates in this newsletter.

- 1** Colorado State Fair Beef nomination forms due to Extension Office.
1 State 4-H Scholarships due to State 4-H Office.
14 Districts 1 & 5 combined 4-H Council – 2:00 p.m. – Yuma County Fairgrounds

MAY

- 1** Horse and Dog ID's due.
6-10 Ag Fest

JUNE

- 1** Yuma County Livestock Progress Show – more information in newsletter
3 Colorado State Fair Sheep/Goat/Swine nomination forms due to Extension Office.
11 Yuma County Cake Show – more info to follow in next newsletter.
12-13 Showmanship Clinic – Holyoke – More information to come
18-21 State 4-H Conference – Fort Collins
22-30 Citizenship Washington Focus
TBA Wild Bug Fish Camp



GOLDEN PLAINS AREA
COLORADO STATE UNIVERSITY
EXTENSION

Colorado State University, U.S. Department of Agriculture and Kit Carson, Phillips, Sedgwick, Washington, and Yuma Counties cooperating.

Extension programs are available to all without discrimination.

UPCOMING OPPORTUNITIES

4-H Scholarships

There are several 4-H scholarships available to graduating seniors in Colorado. It's simple to apply for them as they all have the same application and you only need to fill it once and you have applied for all scholarships. The application is available from January 2-April 1, 2019 online at <http://www.co4hfoundation.colostate.edu/scholarships.shtml>. Your local Extension Office may have other local options so call your office to see what scholarships may be available for you.

1. 4-H members can now start an application, save it and reopen as many times as they want before submitting it.
2. We can now receive letters of recommendation electronically through the website. Each member is required to have three letters of recommendation submitted.
3. Grade transcripts can now be uploaded to the website. Transcripts are required from each applicant.

State 4-H Conference

State 4-H Conference will be June 18th to the 21st on the Colorado State University campus in Ft. Collins. Several contests, workshops and award ceremonies will be held during the State Conference. If you are interested in going, contact your Extension Office.

Blue Ribbon Livestock Blog

Please remember that this blog <http://theblueribbonyouthlivestockproject.blogspot.com/> is updated on a regular basis, with topics that will be relevant to any livestock project, from rabbits and poultry, to dairy, market projects and horses. There is something here for any livestock member so go to <http://theblueribbonyouthlivestockproject.blogspot.com/> and peruse the topics to expand your basic knowledge on all things livestock.



ADDITIONAL INFORMATION

Getting Information

Your first few years in 4-H can seem overwhelming with all of the stuff you need to know and remember. There are several sources to find all of the answers to your questions. Information about the Colorado 4-H program can be found at www.colorado4h.org or you can call your local Colorado State University Extension Office. You can also keep up to date on upcoming information by liking your county's Facebook page: Kit Carson County 4-H, Colorado; Phillips County 4-H; Sedgwick County 4-H; Washington County Colorado; or Yuma County Colorado 4-H. Also, make sure to read all of your newsletters as deadlines and reminders can be found there. Finally, there is no such thing as a stupid question.

Record Book and Project Requirements

It's not too early to start thinking about your project's requirements and record books! Electronic record books for all projects are available online. Go to: www.colorado4h.org/project_resources/index.php for your livestock and general project record books. If you are enrolled in a general project, it is a very good idea to read through the State Fair Exhibit Requirements for your project; *these are the requirements you will be judged on in your county.* To find your project requirements, go to: www.colorado4h.org/project_resources/StateFairExhibitReq.pdf

How to Be a Great 4-H Parent

We all want our kids to succeed. That is our job. How do we define success? If our definition of success has to do with learning skills, becoming more confident, and learning how to lead, then a parent's job can be fun! The following are the Do's of being the best 4-H parent you can be.



DO let them learn by trial and error. Even if this means that the project that goes to the county fair is not perfect, they will learn from looking at other projects and from the interview judging process. If they have done the best of their ability and are proud of the work that they have done, then they have succeeded. Success is learning from our mistakes and realizing that receiving the blue ribbon is not always possible. We, as parents, should be going through this process and learning with our children, but the thing we need to remember is that this is their project. This is their work and accomplishment. Do we really want them to be proud of something that you did for them, all in the effort to be awarded a blue ribbon?



DO remember that this is a team effort. Parents need to attend club meetings and be available to give them the resources they need to complete their project. Make sure that you are learning about the project along with your child. Please make sure to schedule time during the week for 4-H. Think about the week before interview judging. Would anyone really call that fun? Personally, it is not the highlight of the year in our home because we have procrastinated until the last minute to finish our projects and record books, so the ability to enjoy the fruits of our labor is not there.



DO have fun. The underlying value in 4-H comes from having fun and accidentally learning something. If there is something that you enjoy, you can find it somewhere in the 4-H program. From learning about a specific project, to becoming more confident, to meeting new people, and even traveling, you can find it in the 4-H program. Enjoy each and every opportunity that you can get from 4-H and allow this program to mold you into someone who enjoys what they are doing.



DO remember that the motto of 4-H is "Learning by Doing". The more you put in, the more that you will get out of the program so let your kids have fun and learn about the skills and projects that they enjoy!

Use these hints to help you make the most of this 4-H experience for both you and your child. It doesn't have to only be a youth program but something that the entire family can enjoy doing together. Something that will bring your family closer together by experiencing all that 4-H has to offer.

LIVESTOCK

From the Ground Up

Scott Stinnett, Extension Agent, 4-H Youth Development/Livestock, Golden Plains Area

When it comes to the ability of livestock to move and function, structure starts on the ground with the hooves. Taking care of the hooves is as important as taking care of any other part of the body. Each species has its own individual needs for hoof care, but there are some universals to all species.

To properly care for a hoof it is important to understand what a hoof is. Cattle, sheep, goats, and horses travel on their hooves which are made of a substance called keratin. It is same stuff that makes up our human finger and toe nails, but is thick enough to bare the weight of the animal.

The hoof is a living tissue and continually grows. It needs proper nutrition to grow. Proper nutrition starts with a balanced ration. A ration with proper amounts of protein, energy, vitamins and minerals will keep the hoof growing.

Hooves also need proper maintenance. Being a living tissue, the growing hoof needs to be trimmed like human nails. A hoof that has grown too long can cause the animal to have problems walking, create lameness or give a place for infections to occur. Livestock that live in pastures with very sandy or rocky areas can keep their hooves trimmed just by walking. The sand and rocks will naturally grind and sand the hooves down to a proper length. Livestock kept on other types of pastures, in pens or stalls will need to have their hooves trimmed.

Sheep and goats can be easily trimmed by the owner. A little education and a sharp pair of hoof trimmers is all that is needed to keep hooves the proper length. Trimming away the excess hoof wall is the main focus. Excess hoof wall can either roll under the hoof or turn out. Rolled under hoof wall can hold dirt and manure, making a great place for an infection or hoof rot to start. Turned out hoof walls tend to split. These splits can continue up the hoof and become cracks in the hoof wall, and another place for infections to enter the foot. Trimming is the easiest way to prevent having these problems.

Horse hooves can be trimmed by the owner, if they are knowledgeable, or by a professional farrier. Trimming horse hooves requires a few more tools than sheep and goats. The hooves must be trimmed correctly so the weight of the horse is distributed across the whole hoof. Trimming can be used to help correct minor problems of structure due to unevenness of the hoof as well. This should be done by a professional farrier. Many horses also receive horse shoes. Shoes do many things for a horse's hoof and foot. It provides protection from unnatural surfaces like concrete and asphalt, it helps to distribute extra weight of a rider, and helps give the horse better traction for moving and stopping.

Cattle hooves are usually the most difficult to trim. Most beef cattle never have their feet trimmed, but when they do, it requires the use of a hoof trimming table. The hoof trimming table is like a squeeze chute mounted a giant hinge. Cattle walk into the table, have their neck and side secured and then the table is tilted laying the animal gently on its side. This allows a professional hoof trimmer to trim their feet easily. Dairy cattle may need their hooves trimmed often due to being kept in pens or on concrete.

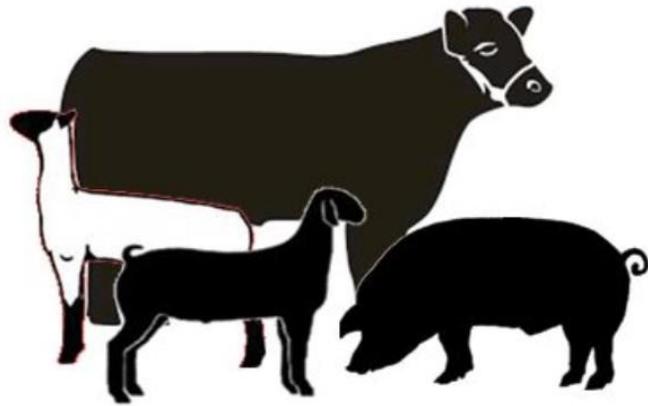


Photo Credit:
Berkelmans Welding

No matter the species, keeping hooves in good condition requires some observation. Hooves need to maintain a certain amount of moisture. Dry hooves tend to split or crack. Using hoof conditioners and dressings can help to maintain moisture. On the other hand, wet hooves become very soft. Wet hooves are usually caused by animals standing in wet or muddy conditions for several hours a day. Providing a dry place for them to stand and let their hooves dry is the best practice.

The main point is you need to take care of their hooves. All their weight is being carried on these sensitive structures. Any damage or injury can cause them pain, lameness and limit their desire to travel.

SAVE THE DATE!



Yuma County Progress Show
June 1st, 2019

@ The Yuma County Fairgrounds
More Information to Follow!

Sponsored by the Liberty Country Challengers

MQA Certification/Recertification Workshops



You Must Attend an MQA Workshop

- 1. First 2 years taking livestock project.**
- 2. Once at 12 years of age.**
- 3. Once at 15 years of age.**



Public confidence in our meat products is extremely important to the success of the livestock industry. Youth livestock projects play an important role in building or losing the trust of our consumers. It is important that youth livestock exhibitors exceed the standard in producing quality, defect-free livestock for our consumers. In the past, a very small number of exhibitors have given youth livestock shows a bad name by using unethical and unsafe techniques to “win at all cost.” As a result, we have implemented a strong Meat Quality Assurance program in Colorado. Through the MQA workshops youth learn ethics and good production practices needed to produce a high quality, desirable product for the American Consumer. If you need to attend this year, you will be notified by your county Extension office prior to the workshop.

You have the option to test out of the workshop at 12 and 15 years of age but it is highly recommended to attend a workshop instead. The workshops allow for hands on learning and experience. For those of you that participated last year, it will be the same layout. There will be different stations pertaining to the 10 Good Production practices set up at each location and you will have the chance to observe and learn with real supplies and equipment. You will have the opportunity to come any time during the listed period as long as you are able to participate at each station. Allow yourself one hour. The following chart explains when and where the workshops will be. Keep in mind that dates and/or times and locations are subject to change so stay posted and be sure to call your local Extension office if you have any question

Date	County	Location	Date	County	Location
February 2, 2019	Arapahoe	Fairgrounds, Aurora	April 3, 2019	Logan	Fairgrounds, Sterling
February 23, 2019	Larimer	The Ranch, Loveland	April 4, 2019	Adams	Bennett High School, Bennett
March 4, 2019	Huerfano	Fairgrounds, LaVeta	April 7, 2019	Sedgwick	Fairgrounds, Julesburg
March 5, 2019	Custer	Westcliff	April 8, 2019	Phillips	Fairgrounds, Holyoke
March 9, 2019	El Paso		April 9, 2019	Kit Carson	Community Center Burlington
March 11, 2019	Elbert	Fairgrounds, Kiowa	April 10, 2019	Yuma	Fairgrounds, Wray
March 12, 2019	Elbert	Fairgrounds, Kiowa	April 11, 2019	Yuma	Roundhouse, Yuma
March 14, 2019	Cheyenne	Fairgrounds Cheyenne Wells	April 22 2019	Adams	Fairgrounds, Brighton
March 15, 2019	Kiowa	Fairgrounds, Eads	April 23, 2019	Adams	Fairgrounds, Brighton
March 18, 2019	Baca	Fairgrounds, Springfield	April 25, 2019	Douglas	Fairgrounds, Castle Rock
March 19, 2019	Prowers	Granada School, Granada	April 26, 2019	Douglas	Fairgrounds, Castle Rock
March 20, 2019	Bent	McClave High School, McClave	April 29, 2019	Boulder	Fairgrounds, Longmont
March 21, 2019	Otero/Crowley	Ark Valley Fairgrounds Rocky Ford	May 4, 2019	El Paso	
March 25, 2019	Park		May 8, 2019	Jefferson	Fairgrounds, Golden
March 26, 2019	Teller	Florissant Grange Florissant	May 13, 2019	Morgan	Fairgrounds, Brush
March 27, 2019	Fremont	4-H Building Canyon City	May 14, 2019	Morgan	Fairgrounds, Brush
March 28, 2019	Pueblo	State Fairgrounds Pueblo	May 17, 2019	Larimer	McKee Building/Ranch
April 1, 2019	Lincoln	Fairgrounds, Hugo	May 22, 2019	Weld	Island Grove Regional Park Greeley
April 2, 2019	Washington	Fairgrounds, Akron			

KIT CARSON COUNTY

Scott Stinnett (4-H Youth Development)

Dates to Remember

MARCH

- 17 Shooting Sports – Safety Training/ Range Clean Up
- 18-20 Spring Break Project Days
- 23 YHEC – Palisade, Colorado
- 31 KCC Shooting Sports – Discipline Training

APRIL

- 1 4-H Project Add/Drop DEADLINE ***NEW
- 9 MQA Training at Burlington Community Center
- 14 KCC Shooting Sports – First Shoot
- 14 District Five 4-H Council Meeting – Yuma
- 19 HOLIDAY (office closed)
- 28 Shooting Sports – Second Shoot

MAY

- 1 Dog ID and Horse ID/Lease Forms Due
- 13 Sheep Weigh-in - Fairgrounds
- 13 Swine & Goat Nomination DEADLINE - Extension Office
- 27 HOLIDAY (office closed)

Livestock & Horse Judging Contests

Practices are starting for 4-H members interested in judging. If you would like to participate contact Scott about Livestock Judging, or Kelli Vaughn about Horse Judging.

Spring Break Project Days

During Kit Carson County School Spring Breaks, March 18th-20nd, workshops will be offered in the mornings and afternoons to help 4-H members learn skills for different 4-H projects. If you have suggestions or would like to present, contact Scott at the Extension Office.

Wild Bug Fish Camp

Details for the 2019 Wild Bug Fish Camp are still in progress. Camp is set for last week of July 8th-11th, in Jackson County. Activities will include fishing, outdoor survival training, wildlife management, rangeland ecology and management and a community service project. Check with the Extension Office in mid-to-late March for specific details.

Western Heritage Camp

The 2019 Western Heritage camp will be held at Leadville, Colorado, June 24th – 27th. 4-H members do not need to be enrolled in the Western Heritage Project. Activities will be focused on frontier history, outdoor

cooking, wildlife and other outdoor skills. There will also be a community service project as well.

2019 State 4-H Conference

State 4-H Conference will be June 18th to 20th on the CSU campus in Ft. Collins. Several contests, workshops and award ceremonies will be held during the State Conference. If you are interested in going, contact Scott at the Extension Office.

Colorado 4-H Scholarships

The Colorado 4-H Foundation scholarship applications are now available. The application deadline is April 1st. For more information, go to:

<https://co4hfoundation.extension.colostate.edu/benefits/colorado-4-h-foundation-scholarships/>

Colorado 4-H Hunting/Outdoor Skills Invitational

The Colorado 4-H Hunting/Outdoor Skills Invitational will take place March 23rd, 2019 at Cameo Shooting Complex in Palisade, Colorado. Information is available in the Extension office or go to:

<http://co4h.colostate.edu/program-areas/shooting-sports/>

Shooting Sports

4-H members in Shooting Sports must complete Hunter's Education before participating in any 4-H shooting activities and attend the **Safety Training on Sunday March 17th, 1:30pm at the Burlington Gun Club**. If you have any questions, contact Scott at the Extension Office.

MQA/PQA Certification

The Kit Carson County MQA/PQA certification program will take place **Wednesday, April 9th from 4 to 7 p.m. at the Burlington Community Center**. The training should take approximately one hour to complete, so please arrive no later than 6 p.m. Kit Carson County will host only one MQA/PQA training. If members are unable to attend locally, they may attend any training in Colorado. (See the general section of the newsletter for other dates and locations.)

All livestock exhibitors are required to attend Meat Quality Assurance/Pork Quality Assurance training during the first two years of being enrolled in a livestock project, regardless of age. Also, members must attend when they reach age 12 and again at age 15. **If you are required to attend an MQA program this year you will receive a letter in late March**. Please call Jean at the office, 346-5571, if you have any questions.

4-H Projects

Project Add or Drop Deadline

The add/ drop deadline for all 4-H projects is **April 1**. Postcards, listing each member's enrolled projects, will be mailed mid-March. If changes need to be made, call the Extension Office before **April 1**.

NOTE: Sheep weigh-in and the deadline for swine/goat nominations are after the official add/drop deadline. 4-H members enrolled in these market livestock projects prior to April 1 will be allowed to drop the project if they are unable to purchase animals by the May 13 weigh-in date and nomination deadline.

Project Record Book Info

Records for all 4-H projects are available online. Visit www.colorado4h.org and click on the Projects & Record Books link. CDs, which include general projects, livestock and family & consumer science records, are available from the Extension Office for \$1.00.

Display Boards & Record Book Binders

General 4-H project and Shooting Sports display boards are available for purchase from the Extension Office – cost \$3 each.

Three-ring binders for livestock and general 4-H project record books may also be purchased from the Extension office – cost \$3.50 each. (*For livestock members with multiple years in the same project, please include records for the two most recent years, along with the current project year's records.*)

Kit Carson County Fair

Market Sheep Weigh-in

Sheep weigh-in will take place at the fairgrounds, **Monday, May 13th from 3:30 to 6 p.m.** A weigh-in fee of \$5 per head is due at the time of weigh-in. All members must weigh their market lambs at this time in order to be eligible to show and sell at the Kit Carson County Fair, no exceptions!

Market Swine & Goat Nominations

Market swine and goat projects will not be weighed-in prior to the fair. It is the responsibility of the exhibitor to nominate their own animals in order to be eligible to show and sell at the Kit Carson County Fair. Exhibitors must complete a nomination form, as well as tag and photograph each animal. A total of three color photographs per animal must be submitted – two profile photographs (one of each side) and one close-up photograph of the animal's ear tag (the tag number must be legible). Swine exhibitors must also indicate the animal's ear notches on the nomination form.

Nomination forms and ear tags are available at the Extension Office. A fee of \$3.50 per head must be paid when the tags are picked up. Completed nomination forms and photographs are due to the Extension Office by **Monday, May 13th at 5:00 p.m.**, no exceptions!

Junior Fair Superintendents

There are still some openings for Junior Fair Superintendents. Please contact Jean in the Extension Office as soon as possible.

PHILLIPS COUNTY

Kindra Plumb (4-H Associate)

MARCH

- 1 New family enrollment deadline
- 7 New family orientation meeting, 7p.m., Ortner Room, Phillips County Event Center
- 14 New family orientation meeting, 7 p.m. Haxtun Community Center
- 17 Phillips County 4-H Council meeting, 4 p.m. Ortner Room
- 18 Phillips County Fair Board meeting
- 23 Livestock Field Day, Morgan County Fairgrounds
- 30 Adams County Livestock Judging Contest

APRIL

- 1 State 4-H scholarship applications due
- 1 Colorado State Fair Market Beef nominations due In Extension Office
- 6 Lincoln/Otero Livestock Judging Contest
- 8 Phillips County MQA, 4-7 p.m., Phillips County Event Center
- 13 Weld County Livestock Judging Contest
- 14 District 1 4-H meeting, 2 p.m., Yuma County Fairgrounds
- 15 Phillips County Fair Board meeting
- 27 Logan County Livestock Judging Contest

MAY

- 1 State horse ID's due in 4HOnline
- 1 Animal care and housing forms (for members who do not keep animals at their house)
- 4 Elbert County Livestock Judging Contest
- 5 Market sheep and goat weigh-in, 3 p.m. Bank of Colorado Pavilion (Fairgrounds)
- 6 Market swome ID's do online
- 11 Route County Livestock Judging Contest
- 15 Project add/drop deadline
- 17 Tri River Area Livestock Judging Contest
- 18 Gunnison Livestock Judging Contest
- 20 Phillips County Fair Board Meeting
- 27 Holiday, office closed
- 28 Ronald McDonald House Community Pride activity
- 29 Cloverbud camp #1, Ortner Room, 9-11:30 a.m.
- 31 Colorado State Fair market lamb, hog and goat nominations due in Extension office



Add/Drop Deadline

The deadline for 4-H members to add or drop a project is



May 15th. Members are encouraged to give serious consideration to the projects they are enrolled in. 4-H members must complete a record book and the exhibit

requirements for each project they are enrolled in. General projects will also participate in interview judging. Projects that do not meet these requirements are incomplete. Incomplete projects go on the member's record and count against the overall completion of their 4-H club. Also, you will not be able to re-enroll in that project again during the next 4-H year. 4-H members are required to complete at least one project during the 4-H year. Now is the time to review your projects and consider the time and expense it will take to complete each project. If you feel you are not going to be able to complete one or more of the projects you are enrolled in please call the Extension office or visit with your club leader about your concerns. Those of you who think you may want to try another project that you have not yet enrolled in should also visit with your club leader or call the Extension office. You will want to add any new projects by May 15th to be eligible to participate with that project at the Phillips County Fair. To add or drop projects, please call or email Carrie or Kindra at 970-854-3616. Carrie's email address is:

coopext_phillips@mail.colostate.edu. Kindra's email address is: kindra.plumb@colostate.edu.

Swine ID

Swine identification for 2019 will be online (there is no market swine weigh-in). You will still need to pick up ear tags and taggers, which will be available in the Extension office starting April 1st. Members will need to tag their pigs, take pictures of both sides of the pig and a picture of the pig's ear with the tag in place. You will then go online to complete the ID sheet and upload and attach your pictures. To complete your online ID go to 4HOnline and follow the directions that will be given to you when you pick up your tags. . All ID's are due Monday, May 6th. No Exceptions!



Shooting Sports

Shooting sports members: it's time to start thinking about shooting sports practices! Watch your email inboxes, mailboxes and the Phillips County Extension Facebook page to find out when your practice starts and where it will be held.



Attention Graduating Seniors

Make sure to check out the 4-H Scholarships that are available to graduating seniors. For more information go to:

[http://www.co4hfoundation.](http://www.co4hfoundation)

[extension.colostate.edu/benefits/colorado-4-h-foundation-scholarships/](http://www.co4hfoundation.extension.colostate.edu/benefits/colorado-4-h-foundation-scholarships/).

MQA Date Set!

The Meat Quality Assurance (MQA) date for Phillips County will be **April 8, 4-7 p.m.** at the Phillips County Event Center. If you are new to a 4-H livestock project, you are required to participate in the training the first two years of your project. You will need to re-certify when you are 12 and again when you are 15. Livestock projects that require MQA training include: beef, sheep, swine, goats, rabbits, and poultry. If you haven't met this requirement by **June 10, 2019**, you will not be eligible to show at fair. For anyone interested in showing at national shows or out-of-state shows, double check the show's Meat Quality requirements. There are some shows that are now requiring Youth for the Quality Care of Animals (YQCA). At this point, the Colorado State Fair is still accepting our current MQA program to meet their requirements. Please contact Kindra with any questions.

Market Livestock Weight Ranges

Swine: 230-300; Lamb: 100-160; Goat: 55-110; Beef: 1000-1500; Poultry: Broilers/fryers, 3-6 lbs; Roasters, 6 lbs. minimum

Livestock Judging

Have you ever attended a livestock show and wondered why the judge placed the animals in a certain order? Or maybe you heard the judge giving oral reasons for his or her placing and asked yourself, "Where did the judge learn to talk like that?" One area of 4-H that teaches 4-H members about livestock selection and evaluation is 4-H Livestock Judging Teams. Phillips County is fortunate enough to have four livestock judging coaches and they are very excited about the upcoming judging season. Livestock judging is open to any currently enrolled 4-H member; you do not have to be enrolled in a livestock project to participate on the livestock judging team! Practices are being held Tuesday evenings starting at 6 p.m. in the Ortner Room at the Event Center.

Project Mentors/Leaders

If you are in need of a project mentor or leader, please contact the Extension office ASAP so we have plenty of time to find someone to help you with your project.

Display Boards and Record Covers

The Extension Office has display boards (show boards) and green record book covers available for \$3.00 each.

Record Book and Project Requirements

It's not too early to start thinking about your project's requirements and record books! Electronic record books for all projects are available online. Go to: <http://co4h.colostate.edu/program-areas/> for your livestock and general project record books. If you are enrolled in a general project, it is a very good idea to read through the State Fair Exhibit Requirements for your project; *these are the requirements you will be judged on in Phillips County*. To find your project requirements, go to: <http://www.co4h.colostate.edu/statefair/StateFairExhibitReq.pdf>.

Livestock Showmanship Clinics

Mark your calendars now for the livestock showmanship clinics, to be held at the Bank of Colorado Pavilion on the fairgrounds. The beef clinic will be June 12, 9-noon and the sheep clinic will also be June 12, 1-4 p.m. The hog clinic will be June 13, 9-noon and the goat clinic will be June 13, 1-4 p.m. Plan to bring your animal and your showmanship supplies to get hands-on practice! All clinics are free of charge and will be presented by CSU Extension 4-H and Livestock Agents. The scales will also be open to check weights on your animals.

New Family Orientation

Attention new 4-H families: please plan to attend one of the new 4-H family orientation meetings. The first will be held March 7, 7 p.m. in the Ortner Room at the Phillips County Event Center. The second meeting will be March 14, 7 p.m. at the Haxtun Community Center. We will be discussing important 4-H information, requirements and much more. This is a great time to ask lots of questions. We want your family to have a positive 4-H experience!

Don't forget! Phillips County 4-H is on Facebook! Like our page and receive 4-H and general Extension updates!

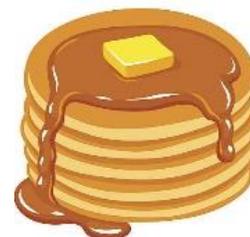
SEDGWICK COUNTY

Rena Howell, 4-H Program Coordinator

MARCH		MAY	
31	4-H Pancake Supper	1	Horse, Dog ID forms due. Poultry, rabbit, and all breeding proof of ownership deadline in 4-H online
APRIL		5	Market lamb and goat weigh-in 11a.m.-12p.m. (State Fair Participants be there at 10:30a.m.)
1	4-H Scholarships Due	7	Ag Fest – Phillips County
	Beef State Fair Nomination Forms Due in Extension Office	8	Swine ID forms due
7	MQA 2 p.m.-4 p.m. at Fairgrounds	15	Add/Drop Project Due
		JUNE	
		1	Lamb, swine, & goat State Fair Nomination Forms Due in Extension office
		18-21	State 4-H Conference

4-H Council Pancake Supper

The date for the annual pancake supper is **March 31, 2019 5-7 P.M.** Six years old and younger will be \$3.00, seven years old and up will be \$5.00. Be sure to check your mail for the schedule and keep up to date with the Facebook page.



Manual Orders

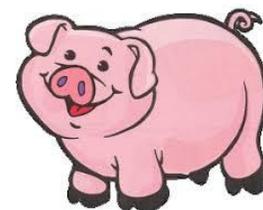
A crucial factor of a successful project is the right tools, such as a project manual. There will be an initial order placed on **March 15th** and a final order placed on **May 15th**. All orders must go through your club leaders. If you are unsure about your order, please check with your club leader first. The horse manuals have been updated, **all horse members** will need the updated version. For those in a livestock project: if you ordered a manual (Resource Handbook) in the last few years, you will not need to re-order, being that the manuals haven't changed. After you talk with your club leader about your project manual, your leader will submit the order to the Extension Office. Leaders will be notified when the manual orders arrive.

4-H Scholarships

Calling all graduating seniors! The scholarship deadline for all Sedgwick County 4-H Scholarships and the Sedgwick is **April 1st**. Applications are available in the Extension Office. You should also check out the list of state 4-H scholarships that are available. For more information on these scholarships go to: <https://co4hfoundation.extension.colostate.edu/benefits/colorado-4-h-foundation-scholarships/>

Swine ID

Swine identification for 2019 will remain unchanged from previous years. Ear tags and taggers will be available to pick up in the Extension Office starting **Monday, April 1, 2019**. Members need to pick up their tags and ID forms at the Extension Office. Members will tag their pigs, take pictures of both sides of the pig and a picture of the pig's ear with the tag in place. You will fill out a hard copy of the identification form and submit it to the Extension Office. All ID's are due **Wednesday, May 8th, 2019** no exceptions!



MQA Training

The Meat Quality Assurance (MQA) date for Sedgwick County will be **Sunday, April 7th, 2-4 p.m.** at the Sedgwick County Fairgrounds. If you are new to a 4-H livestock project, you are required to participate in the training the first two years of your project. You will need to re-certify when you are 12 and again when you are 15. Swine members will no longer have a separate requirement for when they have to come to MQA, they will need to attend as outlined above. Livestock projects that require MQA training include: beef, sheep, swine, goats, rabbits, and poultry. We will be sending out postcards to those who need to attend this year's session. If you haven't met this requirement by **June 18, 2019**, you will **NOT** be eligible to show at fair. Contact the Extension Office with any questions.

Add/Drop Deadline

The deadline for members to add or drop a project is **Wednesday, May 15th, 2019**. Members should give each project that are enrolled in serious consideration. 4-H members are required to complete at least one project during the 4-H year. Now is the time to review you projects and consider the time and expense it will take to complete each project. If you feel you are not going to be able to complete one or more of the projects or, if you think you may want to try another project that you have not yet enrolled in you are enrolled in please call the Extension Office or visit with your club leader about your concerns. You will want to add or drop any new projects by May 15th to be eligible to participate with that project at the Sedgwick County Fair at the end of July. The add/drop forms are available at the Extension Office.

Record Book and Project Requirements

It's never too early to start thinking about your project's requirements and record books! Electronic record books for general projects are available online at <http://co4h.colostate.edu/program-areas/projects/e-records-general/>. It is a great idea to read through the State Fair Exhibit Requirements for your general project; *these are the requirements you will be judged on in Sedgwick County*. If you are enrolled in a livestock project, Sedgwick County had a different record book. You will be judged on these and not the ones found online so please make sure to stop in the office and grab one or talk to your club leader.

Community Garden

If any youth are interested in gardening projects this is the opportunity for you! Julesburg Community Garden welcomes all to participate, the food goes to those who give time in the garden, the local food pantry, and those in needs. This is a great way to learn more about horticulture and help your community. Contact Joe Stan at (970)520-4918 if you are interested.

Citizen Scientist: Pollinator Gardens in Sedgwick County



Do you have an interest in butterflies or moths? This summer there will be a Citizen Scientist project here in Julesburg! Sit for an hour once a week and observe butterflies and/or moths at the Welcome Center or Julesburg Library. You will be given instruction as well as a form to fill out. If you are interested please contact Linda Langelo, CSU Horticulture Agent in the Sedgwick County Extension Office at (970)474-3479.

WASHINGTON COUNTY

Gisele Jefferson (4-H & Youth Development & Consumer Sciences)

Jamie Axtell (4-H & Youth Development)

MARCH

18 4-H County Council Meeting – 7:00 p.m. – Extension Office , Akron

APRIL

2 Raffle Tickets Due to Extension Office

2 Meat Quality Assurance Training (MQA) – Events Center, Akron

12 Carnival – Events Center, Akron

14 District 4-H Meeting – 2:00 p.m. Yuma

15 4-H County Council Meeting – 7:00 p.m.

MAY

1 **Add/Drop Deadline!!!**

1 Dog ID, Horse ID, Swine ID Due

7 Sheep/Goat Weigh In



Meat Quality Assurance Training (MQA) Tuesday, April 2nd Washington County Events Center – Akron 4:00-7:00 p.m.

Market/Breeding Swine, Market/Breeding Sheep, Rabbits (only market/breeding, not pet rabbit) and Poultry. No Cloverbud members are required to attend but are welcome to come.

Livestock producers, including 4-H and FFA members, play an important role in providing consumers with a safe, wholesome product. It is imperative that youth livestock projects are held to the highest standard. In the past, a very small number of exhibitors have given youth livestock shows a bad name by using unethical and unsafe techniques to “win at all costs.” As a result, we have implemented a strong Meat Quality Assurance program in Colorado. Through MQA workshops, youth learn ethics and good production practices needed to produce a high quality, desirable product for the American consumer.

PLEASE NOTE: The Pork Quality Assurance Program (PQA) has been discontinued. Exhibitors showing swine will need to adhere to the regular MQA criteria above. Also, per state 4-H policy, youth certified in YQCA (Youth for the Quality Care of Animals) must still adhere to the MQA requirements. YQCA testing cannot be used in place of these MQA requirements.

We encourage all exhibitors to attend the training each year; however, you are **REQUIRED** to attend if you meet the following criteria:

1. First 2 years taking a livestock project, regardless of age
2. Age 12 and Age 15 (As of Dec 31, 2018)

The MQA training is self-guided so you can take as much time as you want to walk through various stations about topics such as animal ID, injections, feeds, or ethics. If you can't make it to this date or location, please contact the office for alternative dates in the area.

Livestock projects considered in this policy include Market/Breeding Beef, Market/Breeding Goat,

Livestock Judging

If you are interested in livestock judging, please contact the Extension office ASAP.

Raffle & Carnival Reminders



Just a reminder that raffle tickets stubs and money are due in the Extension Office on or before **APRIL 2**. ALL tickets, sold and unsold, should be returned! If you'd like additional tickets to sell, you can pick those up from the Extension Office prior to April 2nd. The raffle drawing will take place during our annual carnival to be held April 12th at the Events Center. Each club will be responsible for at least one booth space. If you still need to sign up for a booth, contact the Extension Office. This year's theme is “4-H Fiesta” so try to plan your décor and prizes accordingly. For questions, contact the office at 345-2287.

4-H Council Meeting
March 18, 2019
Courthouse Annex 7:00 p.m.

Agenda Items:

Finalize details of carnival and MQA
Spring Event Planning

Add/Drop Deadline Approaching



Just a reminder that the deadline to add or drop projects is May 1st. Please contact our office if you add/drop a project online.

Upcoming Livestock and Horse Deadlines

Market lamb and goat weigh-in will be held at the fairgrounds on Monday, May 13th from 3:00 – 7:00 p.m. All market lambs/goats MUST be weighed in on this date to be eligible to show at the county fair - NO EXCEPTIONS! State Fair retinal scanning will be available during weigh in.

Market swine will NOT be weighed in. IT IS YOUR RESPONSIBILITY to nominate your pigs for the county fair. To nominate your pig(s), start by picking up nomination forms and ear tags at the Extension Office. Tag your pigs and take three photos of each – one of each side plus one of the pig’s head showing the tag, clearly readable. Complete the form by filling out the tag number and description of each pig. You will also need to record ear notches on the nomination form. These nomination forms, completely filled out with ear notch information and the three pictures, must be returned to the office by May 1 at 4:30 p.m. for eligibility in the county fair show. NO EXCEPTIONS! This applies to all 4-H and FFA members exhibiting market hogs.

Horse ID Forms must be completed online prior to May 1. Complete instructions can be found in your e-record or by contacting the office. Please feel free to bring in photos to our office to be scanned and uploaded if you need assistance.



Save the Date!

Did you know that all 4-H members age 14 and older can attend the annual Colorado State 4-H conference in June? Take part in leadership workshops, participate in the state livestock judging contest, start a quiz bowl team, give a speech or sign up for one of the many other contests that are offered. The dates of the conference are set for June 18-21. The conference takes place on campus at Colorado State University in Ft. Collins. We provide transportation to and from the event and lodging is provided in the campus dorms. Contact us now to learn more!

Need Project Help?



Don’t hesitate to contact our office for help with your projects. We can offer personal help, put you in touch with a project leader, or help provide

written project materials. Project manuals are available, prices vary and some clubs offer assistance in purchasing these for their active members. A variety of online project resources are available on the state 4-H website including project tip sheets and Colorado State Fair project guidelines. Visit the page at www.colorado4h.org. Local and regional camps, workshops and clinics may be available, check this newsletter or follow us on Facebook on our “Washington County Colorado 4-H” page.

Project Demonstrations

Don’t forget that every 4-H member is required by state policy to do at least one 4-H related demonstration or other speech arts presentation. So what is a demonstration??? Most members select something about one of their projects to teach to the other members of their club. Examples might be to demonstrate how to show a pig, how to get your icing smooth on a cake or how to lace leather. You can also use the demonstration to learn more about the projects you are interested in. For example, research and discuss the science behind what makes your bread dough rise. Keep in mind that some club leaders require the demonstrations to be given at a certain meeting/event and some leaders may also require a demonstration for each project.

YUMA COUNTY

JoLynn Midcap (4-H Youth Development Coordinator)

Joy Akey (Family & Consumer Sciences)

MARCH

- 12** Try It Tuesday-Yuma-Call Extension Office for more information
- 18** Yuma County Fairboard Meeting-7:00-Wray

APRIL

- 1** Beef nomination cards due for state fair
- 1** Swine tags and nomination cards available
- 1** State 4-H Scholarships due
- 2** Try It Tuesday-Wray- Call Extension Office for more information
- 3** Yuma County 4-H Council, Yuma, 7:00 p.m. (prior to meeting, Friend of 4-H Committee at 6:00 and Trophy Committee at 6:30)
- 10** MQA,Wray Roundhouse, 4:00-6:30 p.m.
- 11** MQA,Yuma County Fairgrounds, 4:00-6:30 p.m.
- 14** District 5 Council meeting, Yuma County Fairgrounds, 2:00 p.m.
- 15** Fairboard Meeting
- 23** Try It Tuesday-Yuma-Call Extension Office for more information

MAY

- 1** Dog & Horse ID forms due in Extension office...NO EXCEPTIONS!!!
- 4** Sheep/Goat Weigh-in and Bucket Calf tagging (Open Class baby calves are not tagged.), Yuma County Fairgrounds and Blackham Residence, 9:00-11:00 a.m.

May (continued)

- 6** Swine nominations due in Extension Office
- 20** Fairboard Meeting
- 27** Memorial Day, Extension Office CLOSED

JUNE

- 1** Add/Drop Deadline for projects
Yuma County Progress Show – See flyer for more information
- 3** Swine/Sheep/Goat nominations due for state fair.
- 4** Try It Tuesday-Wray-Call Extension Office for more information
- 5** Yuma County 4-H Council, Liberty, 7:00 p.m.
- 6** Cloverbud Meeting, Extension Office 10:30 a.m.
- 11** Try It Tuesday-Yuma-Call Extension Office for more information
- 11** Yuma County Cake Show
- 12** Mini Sportfishing Clinic-More information next month.
- 12** Food Booth Committee, Extension Office, 6:30 p.m.
- 13** Cloverbud Meeting, Extension Office, 10:30 a.m.
- 17** Fairboard Meeting
- 18-21** State 4-H Conference, Ft. Collins
- 23-30** Citizenship Washington Focus



Quiz Bowl Teams

We are looking for members to participate in Home Economics, Livestock, and Horse Quiz Bowl teams. This process is similar to the Quiz Bowls in FFA where you are asked questions and the first team to answer correctly gets the point. We will practice and then have our competition at the State 4-H Conference in June. Please call the Extension office if you would like to participate in this event.

Donated Breeding Heifers

Several breeding heifers will be donated to one of the exhibitors in the Junior Beef Breeding show at the 2019 Yuma County Fair. Intentions are to randomly draw a name out of exhibitors following the breeding show at the fair. The winner of the heifer must be eligible to show at the 2020 fair, and must show the donated heifer in that show. Before accepting the heifer, the exhibitor must declare they have the facilities and means to care for the heifer for the year. The heifer will come from established

Breeders in Yuma County and all sponsored by the Yuma County Cattlemen's Association, and other area ranchers. For more information, contact JoLynn Midcap at the Extension office in Wray.



Thank You's

- ~Yuma County Commissioners for providing \$5.00/member enrollment fee.
- ~JD's Barn for supplying tags for market animals.
- ~All of the Beef Weigh-in Help
- ~Dave Walter and Ranchland Livestock the Idler family and the Mekelburg family for letting us use your facilities.
- ~Matt Linman, Terry Seat and Pat McGinnis for providing the brand inspections.
- ~Yuma County Fairboard and Superintendents and all other volunteers for providing manpower at weigh-in.
- ~Noble Ranch, Stan Schafer, and Mekelburg Livestock for the 2018 breeding heifer donations.

Colorado Association of Fairs and Shows Scholarship

Eligibility: Applications must be postmarked by March 20, 2019. Applications postmarked after March 20, 2019 disqualified...**NO EXCEPTIONS!**

- Applicants must be CAFS member, member's child, or a member's legal dependent.
- A member is defined as a person who is involved and active in a fair or show which is a member in good standing with CAFS. (Yuma County qualifies)
- Applicant must be active in local county fair or show which is a member of CAFS.
- Applicant must be an active 4-H member prior to college or and active FFA member.
- Only eligible high school seniors or a graduate with a minimum of a "B" average in both the junior and senior year.
- This scholarship is non-renewable.
- College may be any creditable post-secondary school.

Contact the Yuma County Extension office for an application.

Exhibit Requirements

Please look at http://www.colorado4h.org/project_resources/StateFairExhibitReq.pdf to find information on State Fair requirements. This site also has a link to the e-records that you will use for all General and Home Ec projects. Hard copies of all of this information can also be picked up at the Extension office.

SIZE
Display boards for the State Fair must measure 4 ft. wide x 3 ft. tall. They should be made of lightweight cardboard, but not poster board. Pre-cut boards are available at most craft and shopping centers. No part of your display may extend beyond these boundaries. No additional items may be included in front of the display board.

SHAPE
Design your exhibit so information fits on the display. Remember, you have one large surface, and two smaller side wings.

ATTACHMENTS
When attaching pictures or objects to your board make sure they are secure. Use glue for pictures and paper, and consider wires, zip ties or staples to attach bulkier items. Do not attach items that are so heavy that your board can't stand up or fold.

SPACE
Your display should only discuss one main topic. This will help it look neat and uncrowded.

TEXT
Make sure that all the text on your display is easy to read. Use a large font for the title, and smaller fonts for the headings and body text. Text must be readable from 3-5 feet away. Use large bold letters. Dark letters on a light background works best.

Display Boards

Project display boards are available for you at the Extension office for \$3.00 each. P.S. These are also great for the science fair and other school projects!

Swine Information

Swine members, leaders, or designated individuals within 4-H Clubs and FFA Chapters will need to come to the Extension office and pick up ear tags and nomination information. Nomination forms will have instructions for tagging and taking photos of your swine nominations. The tags may be picked up after April 1, 2019 with completed nomination forms returned to the Extension office no later than Monday, May 6, 2019. The weight range of all market swine eligible to show in the market show is 230 lbs. to 290 lbs. Just a reminder that all swine must have ear notches. Any un-notched pig will be disqualified.

Sheep & Goat Weigh-in Information



Sheep
May 4, 2019

Yuma County Fairgrounds
Blackham Residence

The following criteria must be met for market class participation and for selling market sheep in the Jr. Livestock Sale at the Yuma County Fair. 110 lb. min. and 180 lb. maximum. All market lambs that weigh in are eligible for the feeding contest.

Goat
May 4, 2019
Yuma County Fairgrounds
Blackham Residence

The following criteria must be met for market class participation and for selling market goats in the Jr. Livestock Sale at the Yuma County Fair. 60 lb. min. and 110 lb. maximum. All market goats weighed in are eligible for the feeding contest.



FARM SAFETY DAY

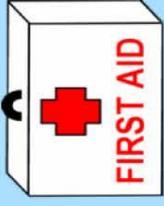
March 21, 2019—8:00 am

Wauneta Fire Hall

50002 Hwy 385



**HOLYoke CENTennial &
WauNETA 4-H CLUBS
PRESENT**



General Farm Safety



Highline Electrical
Demonstration



Grain Dust Explosions
Grain Entrapment



PTO Safety



ATV Safety



Livestock Safety

All children ages 8-18

Cost: Please bring 2 non-perishable items to help the food pantries—Lunch and snacks will be provided

RSVP: Yvonne Buoy—970-630-3732 Pam Struckmeyer— 970-520-4894 Damon Struckmeyer—970-520-4893

COLORADO STATE UNIVERSITY
EXTENSION
GOLDEN PLAINS AREA
310 ASH, SUITE B
WRAY, CO 80758

NON PROFIT ORGANIZATION
US POSTAGE PAID
PERMIT NO. 22
WRAY CO 80758

ADDRESS SERVICE REQUESTED

GOLDEN PLAINS AREA 4-H NEWSLETTER

- 1.....Calendar of Events
- 2.....4-H Scholarships,
- 2.....State 4-H Conference
- 2.....Blue Ribbon Livestock Blog
- 2.....Getting Information
- 2.....Record Books and Project Requirements
- 3.....How to Be a Great 4-H Parent
- 3-4....From the Ground Up
- 5.....Yuma County Progress Show
- 6.....MQA Schecule
- 7-8....Kit Carson County
- 9-10....Phillips County
- 11-12...Sedgwick County
- 13-14...Washington County
- 15-16...Yuma County
- 17.....Farm Safety Day



